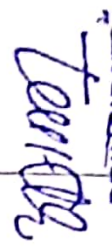
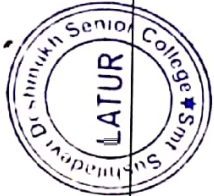




Life Skills

2018-2019	Celebration of International Yoga Day at SSD Senior College Latur.	21/06/2018	87	Mr.D.S.Maske Yoga Trainer,Latur
2018-2019	Basics of Exercise Physiology: Understanding the body's response to physical activity.	15/09/2018	65	Dr.Sunita Patil,Patil Hospital,Latur
2018-2019	Expert lectures on Nutritional diet awareness	29/11/2018	25	Mr.G.S Deshmukh,SSD College,Latur
2018-2019	Worlds AIDS Day: Problems and Condition and Directions	01/12/2018	38	Dr.T.N.Magar. SSD Mahila College,Latur.
2019-2020	Celebration of International Yoga Day at SSD Senior College Latur.	21/06/2019	73	Mr.B.P.Yadav,Yoga Trainer & Assistant Teacher,Saraswati Vidyalaya Pangaon,Latur
				 PRINCIPAL Smt. Sushiladevi Deshmukh Senior College, LATUR
				 IQAC Co-ordinator Smt. Sushiladevi Deshmukh Senior College, Latur



2019-2020	Addiction and Today's Youth.	16/09/2019	66	Prof.Savita Yadav, SSD Mahila College Latur.
2019-2020	Access to Employability	21/09/2019	180	Dr.Chandrakant Sherkhane, Dept.of Marathi, Shivaji College, Renapur. Mr. Vinod chavan, Assistant professor Dr.Santosh Kulkarni Dr.G.S.Deshmukh, Asso.Prof, Department of Economics, SSD Senior College, Latur
2019-2020	The awareness Pulse Polio	23/02/2020	19	Dr.P.D.Shitole SSD Mahila College Latur.
2022-2023	Celebration of International Yoga Day at SSD Senior College Latur.	21/06/2022	91	Mr.B.P.Yadav, Yoga Trainer & Assistant Teacher, Saraswati Vidyalaya Pangaon, Latur
2022-2023	Guest Lecture on Importance of Voting	25/01/2023	42	Prof,Dadasaheb Londhe, Dept.of English, Smt. Sushiladevi Deshmukh Jr.College, latur. 9422657524
2022-2023	Guest Lecture on Addiction and Today's Youth.	10/02/2023	47	Dr.U.T.Gaikwad Smt.Sushiladevi Deshmukh Mahila College Latur.
2022-2023	Stress Management: Strategies for Wellbeing.	03/04/2023	63	Dr.Urmila Bhandarge, The Director, Aksha The Student Development and Counseling center.


 IQAC Co-ordinator
 Smt. Sushiladevi Deshmukh
 Senior College, Latur


 PRINCIPAL
 Smt. Sushiladevi Deshmukh
 Senior College, Latur



MANJARA CHARITABLE TRUST'S
SMT.SUSHILADEVI DESHMUKH SENIOR COLLEGE,
LATUR
DEPARTMENT OF PHYSICAL EDUCATION

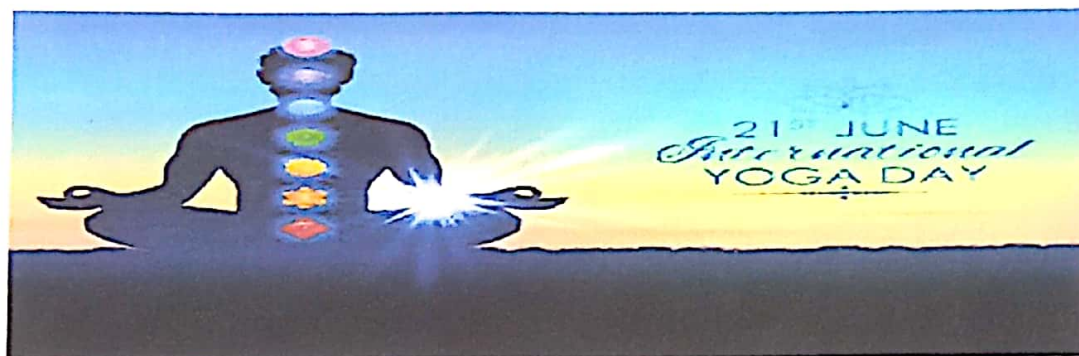
2018-2019

Programme Brochure

Expert Talk on

**Health, Yoga & Physical Fitness: Celebration of
International Yoga Day at Smt. Sushiladevi Senior College,
Latur**

Date : 21/06/2018



Faculty : Dr. P. N. Deshmukh

Yoga Trainer

Mr. D. S. Maske

Yoga Trainer, Latur



MANJARA CHARITABLE TRUST'S
SMT. SUSHILADEVI DESHMUKH SENIOR COLLEGE, LATUR
DEPARTMENT OF PHYSICAL EDUCATION



(2018-2019)

Sem - I

A) A Summary of the Activity:

1. Title of Programme:	Celebration of International Yoga Day at Smt. Sushiladevi Deshmukh Senior College, Latur 21/06/2018
2. Name of Organizing Department/Unit:	Department of Physical Education
3. Name of the Coordinator(s)/Convener(s)/ Organizer(s) of the Programme:	Dr. Deshmukh P. N.
4. Date(s) of the Programme:	21 st June, 2018
5. Venue:	Indoor Stadium
6. Target Group:	Students, Teachers and Non-teaching
7. Number of Participants:	87
8. Total Expenditure for the Programme:	Nil
9. Source of Funding:	Not applicable


PRINCIPAL
Smt. Sushiladevi Deshmukh
Senior College, LATUR


IQAC Co-ordinator
Smt. Sushiladevi Deshmukh
Senior College, Latur



Notice

Date: 18/06/2018

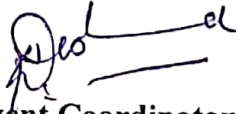
All students, teaching and non-teaching faculty are hereby informed that Department of Physical Education has organized a Celebration of International Yoga Day at Smt. Sushiladevi Deshmukh Senior College, Latur on 21st June, 2018. Your active presence will make this program successful.

Event : Celebration of International Yoga Day at Smt. Sushiladevi Deshmukh Senior College,
Latur

Date: 21st June, 2018

Time: 6.00 am onwards

Venue: Indoor Stadium


Event Coordinator


Principal
Smt.Sushiladevi Deshmukh
Senior College, LATUR

विद्यपीठ कोलेज कोड : 307
जूनियर कोलेज कोड : जे 02.01.011

पुण्यपुत्र संस्थान : स्वामी रामानंद तीर्थ मराठवाडा विद्यापीठ, मादेव
मोजरा चरिटेबल ट्रस्ट द्वारा संचालित,

श्रीमती सुरशीलादेवी देशमुख महाविद्यालय, लातूर
(कनिष्ठ/बहिष्ठ)

खाडगांव रोड, लातूर (महाराष्ट्र) - 413531

फोन नं : 02382-221524
मो. 9823384227, 9823384000

ई-मेल : sds.college@yahoo.in



University College Code : 307
Junior College Code : J 02.01.011

Affiliated to Swami Ramanand Teerth Marathwada University, Nanded.
Marjara Charitable Trust's, Latur

SMT. SUSHILADEVI DESHMUKH COLLEGE, LATUR
(Senior / Junior)

Khadgaon Road, Latur (Maharashtra) - 413531

Phone : 02382-221524

Mob. : 9423345827, 8698140000

Email : sds.college@yahoo.in

President : Hon. Dillipraoji Deshmukh (Ex. Minister)

Principal : Ajay Patil (M.A. Ph.D.)

Ref: No. SSDSCL/2018-19/

Date: 18/06/2018

To,

Mr. D. S. Maske

Yoga Trainer, Latur

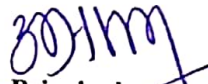
Subject: Invitation as a yoga trainer on International Yoga Day.

Respected Sir,

With reference to the above cited subject, Department of Physical Education, is organizing an event of Yoga in our college on the occasion of International Yoga Day on 21st June, 2018 at 6.00 am. Our Department wishes to invite you as the yoga trainer in our college. So please accept the invitation. Your presence for the program will make us happy.

I hope you will accept the invitation for the same.

Thank you.


Principal
Smt. Sushiladevi Deshmukh
Senior College, LATUR

विद्यापीठ कोलेज कोड : 307
जूनियर कोलेज कोड : जे - ६२०१०११

प्राचार्य सलगीत : स्वामी रामानंद तीर्थ मराठवाडा विद्यापीठ, नांदेड
मान्यता शिष्टेयन ट्रस्ट द्वारा संचालित.

श्रीमती सुशीलादेवी देशमुख महाविद्यालय, लातूर
(कनिष्ठ/वरिष्ठ)

खाडगांव रोड, लातूर (महाराष्ट्र) - ४१३५३१

फोन नं ०२३८२-२२१५२४

मो ९४२३३४५८२७, ८६९८५४००००

ई-मेल : sds.college@yahoo.in

University College Code : 307
Junior College Code : J-62.01.011

Affiliated to Swami Ramanand Teerth Marathwada University, Nanded.
Manjara Charitable Trust's Latur

SMT. SUSHILADEVI DESHMUKH COLLEGE, LATUR
(Senior / Junior)

Khadgaon Road, Latur (Maharashtra) - 413531

Phone : 02382-221524

Mob. : 9423345827, 8698140000

Email : sds.college@yahoo.in



President : Hon. Dillipraoji Deshmukh (Ex. Minister)

Principal : Ajay Patil (MA, PhD)

Ref: No. SSDSCL/2018-19/

Date: 21/06/2018

Letter of Appreciation

Mr. D. S. Maske

Yoga Trainer, Latur

Subject- Letter of appreciation

Dear Sir,

It was our pleasure to invite you as the Yoga Trainer on the occasion of International Yoga Day on 21st June, 2018 at 6.00 am. by Dept. of Physical Education. We are very much thankful for your yoga training. Your presence for the program made the event more beneficial to our students, teachers and non-teaching staff.

Thanking You.


PRINCIPAL

Smt. Sushiladevi Deshmukh
Senior College, LATUR



B) Report

I. Title: Celebration of International Yoga Day at Smt. Sushiladevi Deshmukh Senior College, Latur

II. Introduction: Smt. Sushiladevi Deshmukh Senior College, Latur, commemorated International Yoga Day with great enthusiasm and fervor. The college's commitment to promoting holistic well-being and fostering a culture of physical and mental wellness was exemplified through various activities organized on this occasion.

III. Objectives:

- To celebrate the significance of yoga in promoting physical, mental, and emotional well-being.
- To raise awareness about the benefits of yoga practice among students, faculty, and staff.
- To provide opportunities for participants to engage in yoga sessions and experience its transformative effects firsthand.

IV. Details of Participants: This event was attended by 87 participants, comprising students, faculty members, and professionals from various fields.

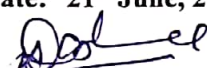
V. Brief Summary:

The International Yoga Day celebration at Smt. Sushiladevi Deshmukh Senior College commenced with an inaugural ceremony, emphasizing yoga's significance in maintaining holistic well-being. Experienced instructors led participants through yoga sessions, guiding them in various asanas, pranayama, and meditation techniques. Interactive workshops and demonstrations showcased yoga's benefits, including stress management and improved mental focus, fostering discussions on integrating yoga into daily routines for long-term health.

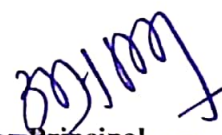
VI. Conclusion: The celebration of International Yoga Day at Smt. Sushiladevi Deshmukh Senior College, Latur, was a resounding success, underscoring the college's commitment to promoting holistic wellness among its community members. Through engaging activities and informative sessions, participants gained a deeper appreciation for the transformative power of yoga in nurturing physical fitness, mental clarity, and emotional balance.

VII. Appendix: Participants' list with signatures and photographs.

Date: 21st June, 2018


Event Coordinator

Department of Physical Education


Principal

Smt. Sushiladevi Deshmukh
Senior College, LATUR


IQAC Co-ordinator
Smt. Sushiladevi Deshmukh
Senior College, Latur





21 June 2018

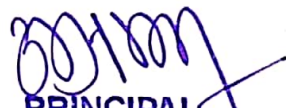
International yoga day



On the occasion of International Yoga Day, while worshipping the image of Matoshree Smt. Sushiladevi Principal Dr. Ajay Patil, Dr. P N Deshmukh, Dr. Kumar Bansode, Dr. Asha Munde, Yoga Teacher Hon. Balasaheb Yadav and Dr. P D. Shitole.



Participants Performing Asanas


PRINCIPAL

Smt. Sushiladevi Deshmukh
Senior College, Latur



Manjara Charitable Trust's
Smt. Sushiladevi Deshmukh Senior College, Latur

DEPARTMENT OF PHYSICAL EDUCATION

**Life Skills, Yoga, Physical Fitness, Hygiene
Capacity Building and Skill Enhancement Initiatives
2018-2019**

At Smt. Sushiladevi Deshmukh Senior College, Latur, our curriculum encompasses a holistic approach to personal development, focusing on essential life skills, yoga, physical fitness, and hygiene. Through a comprehensive blend of theoretical knowledge and practical application, we empower our students to cultivate not only academic excellence but also a well-rounded lifestyle conducive to their overall well-being.

Life Skills:

Our institution recognizes the significance of equipping students with the necessary life skills to thrive in various facets of life. From effective communication and critical thinking to time management and problem-solving, we provide comprehensive training to nurture these competencies, preparing our students to navigate the complexities of the modern world with confidence and resilience.

Yoga:

Embracing the ancient wisdom of yoga, we integrate this discipline into our curriculum to promote physical, mental, and emotional harmony among our students. Through regular yoga sessions, they learn to cultivate mindfulness, improve flexibility, and manage stress, fostering a balanced and serene state of being essential for overall wellness.

Physical Fitness:

Understanding the importance of maintaining a healthy body, we emphasize physical fitness as an integral part of our educational approach. Our state-of-the-art facilities and expert guidance enable students to engage in a variety of physical activities and sports, fostering endurance, strength, and agility while instilling habits of regular exercise and healthy living.

Hygiene:

At Smt. Sushiladevi Deshmukh Senior College, Latur, we prioritize the importance of

practical demonstrations, we educate our students on best practices for maintaining cleanliness, both individually and within their surroundings, promoting health and preventing the spread of illness.

In essence, Smt. Sushiladevi Deshmukh Senior College, Latur, is dedicated to nurturing not just the intellect but the complete well-being of our students, empowering them to lead fulfilling and balanced lives beyond the classroom.

MANJARA CHARITABLE TRUST'S

SMT. SUSHILADEVI DESHMUKH SENIOR COLLEGE, LATUR

DEPARTMENT OF PHYSICAL EDUCATION

2018- 2019



Celebration of International Yoga Day at Smt. Sushiladevi
Deshmukh Senior College, Latur

Attendance list

Date:21/06/2018

Sr. No.	Name of the student	Class	Signature
1	राशि/उमेश/उमेश	III	राशि
2	अमर उमेश/राशि	TY	अमर
3	मन/राशि/उमेश	SY	मन
4	अमर उमेश/राशि	SY	अमर
5	उमेश उमेश/राशि	TY	उमेश
6	राशि उमेश/राशि	TY	राशि
7	राशि उमेश/राशि	TY	राशि
8	राशि उमेश/राशि	TY	राशि
9	अमर उमेश/राशि	SY	अमर
10	राशि उमेश/राशि	TY	राशि
11	Sankar V.S.	SY	Sankar
12	Pranav Shrinivas A	TY	Pranav
13	राशि उमेश/राशि	TY	राशि
14	Waher Shubham B	TY	Waher
15	राशि उमेश/राशि	TY	राशि
16	राशि उमेश/राशि	TY	राशि
17	राशि उमेश/राशि	TY	राशि
18	राशि उमेश/राशि	TY	राशि
19	Telange Y.N.	SY	Telange
20	Wahar Shubham B	TY	Wahar
21	राशि उमेश/राशि	TY	राशि
22	Telange M.H.	SY	Telange
23	Pranav S.P	TY	Pranav

24	Tik S. M	S.Y	Sam
25	Gidhach Midrak	T.Y.	Uam
26	Chit Bak Hien	F7	Chen
27	Chit Bak Hien	F4	Chen
28	Kamale N.V	BA II	Sam
29	3618 KGR14 G.	K.Y.	Ben
30	Gri Vann. M.	F7	Vannam
31	Kamale Sunil	S.Y	Sevel
32	Reason G. G. G.	T.Y	Tik
33	Base G. G.	BA II	Sam
34	Kamale Pravin	S.Y	Pravik
35	Chit Bak Hien	BA F	Chen
36	Chit Bak Hien	S.Y	Chen
37	Suama mmm	F.Y	Sam
38	Dakke M. K.	BA II	Sam
39	Chit Bak Hien	T.Y	Sonam
40	Chit Bak Hien	T.Y	Siey
41	Chit Bak Hien	P.Y	Sam
42	Dakke R. V	F.Y	Monak
43	Chit Bak Hien	P.Y.	Chen
44	Chandke S. R.	S.Y	Chen
45	Chit Bak Hien	P.Y	Chen
46	Chit Bak Hien	T.Y	leambic
47	Dezmach R. M	F.Y	Rampr
48	Chit Bak Hien	P.Y	Chen
49	Chammoz S. C.	S.Y	Camoz
50	Chit Bak Hien	P.Y	Chen
51	Chit Bak Hien	T.Y	Chen
52	Chendee S. R.	F.Y	Charles
53	Dece R. A	F.Y	Dece
54	Banthale J. B.	S.Y	Banthale
55	Chit Bak Hien	P.Y	Chen
56	Chit Bak Hien	T.Y	Pravik
57	Chaman N. P	T.Y	Nayam



58	Bidve V. D.	S.Y	Bidve
59	Pathan Firdy	S.Y	Firdas-
60	Sarvasekrushner	T.Y	Krushn S-
61	श्रीकांत (सहाय) युसुफ	T.Y	सहाय
62	Swami Virbhadr	T.Y	Nirbh
63	Adke K. L.	S.Y	Adke
64	Ublu Arjun (son)	P.Y	Daon
65			
66	श्रीकांत विनायक शिवाजी	T.Y	शिव
67	Rathod Vishal	S.Y	Shirir.
68	सिद्धार्थ राजेश शर्मा	T.Y	Tomalik.
69	Bansode A. S.	S.Y	Bansode
69	पुनर्विष्णु	T.Y	Pavani
70	श्रीकांत राजेश शर्मा	T.Y	Raois
71	श्रीकांत शर्मा	S.Y	Sembhaji
72	श्रीकांत शर्मा	P.Y	Shirir
73	Saukhar Prayag	S.Y	Poryandey
74	श्रीकांत शर्मा	P.Y	Shirir
75	Bansode S. A	BATY	Agar
76	श्रीकांत शर्मा	S.Y	Shirir
77	श्रीकांत शर्मा	T.Y	Shirir
78	Shaikh Ismail	S.Y	Ishaikh.
79	श्रीकांत शर्मा	P.Y	Shirir
80	Meh Banhi	S.Y	Meh
81	Bhosle T. A	BATY	Bhosle
82	Shinde S. D.	BATY	Shinde.
83	श्रीकांत शर्मा	T.Y	Meh
84	Meh Banhi	P.Y	Meh
85	Hatkar S. S.	BATY	Hatkar
86	श्रीकांत शर्मा	BATY	Hatkar

Dr. Bansode K. D.
Dr. Bankar Suresh S.
Department of Physical Education

Principal
PRINCIPAL
Smt. Sushiladevi Deshmukh
Senior College, LATUR



MANJARA CHARITABLE TRUST'S
SMT.SUSHILADEVI DESHMUKH SENIOR COLLEGE,
LATUR

DEPARTMENT OF PHYSICAL EDUCATION

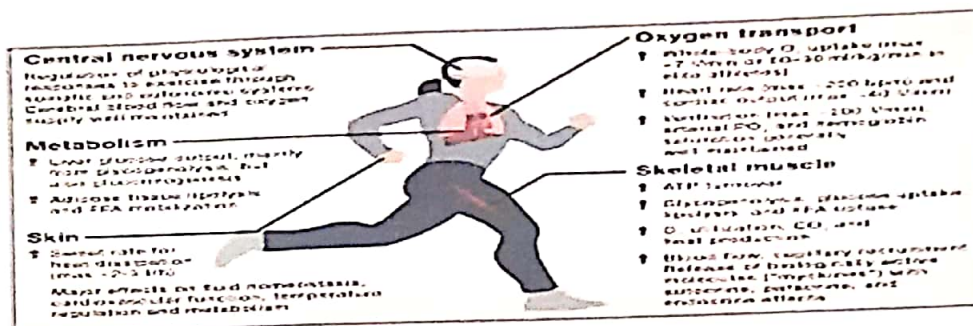
2018-2019

Programme Brochure

Expert Talk on

Health, Yoga & Life Skills : Basics of Exercise Physiology :
Understanding the Body's Response to Physical Activity

Date : 15/09/2018



Faculty : Prof. P. N. Deshmukh

Resource Person

Dr. Sunita Patil

Patil Hospital, Latur



MANJARA CHARITABLE TRUST'S
SMT. SUSHILADEVI DESHMUKH SENIOR COLLEGE, LATUR
DEPARTMENT OF PHYSICAL EDUCATION

(2018-2019)

Sem - I

A) A Summary of the Activity:

49. Title of Programme:	Basics of Exercise Physiology: Understanding the Body's Response to Physical Activity
50. Name of Organizing Department/Unit:	Department of Physical Education
51. Name of the Coordinator(s)/Convener(s)/ Organizer(s) of the Programme:	Dr. Deshmukh P. N.
52. Date(s) of the Programme:	15 th Sept., 2018
53. Venue:	Indoor Stadium
54. Target Group:	Students, Teachers and Non-teaching
55. Number of Participants:	65
56. Total Expenditure for the Programme:	Nil
57. Source of Funding:	Not applicable


IQAC Co-ordinator
Smt. Sushiladevi Deshmukh
Senior College, Latur

Notice

Date: 12/09/2018

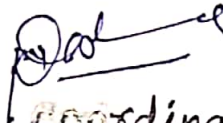
All students are hereby informed that Department of Physical Education has organized a Basics of Exercise Physiology: Understanding the Body's Response to Physical Activity on 15th Sept., 2018. Your active presence will make this program successful.

Workshop: Basics of Exercise Physiology: Understanding the Body's Response to Physical Activity

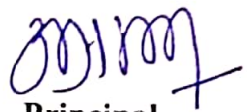
Date: 15th Sept., 2018

Time: 5.00 pm

Venue: Indoor Stadium


Coordinator

Department of Physical Education.


Principal
Smt. Sushiladevi Deshmukh
Senior College, LATUK

विद्यपीठ कोलेज कोड : 307
जूनियर कोलेज कोड : जे-62 01 011

प्राथम्यक शास्त्राधीन : स्वामी रामानंद तीर्थ मराठवाडा विद्यापीठ, मांडेड
मान्यता शिष्टेयन दस्तऐवज प्राप्त संवत्सित,

श्रीमती सुशीलादेवी देशमुख महाविद्यालय, लातूर
(कनिष्ठ/वरिष्ठ)

खाडगांव रोड, लातूर (महाराष्ट्र) - ४१३५३१

फोन नं ०२३८२-२२१५२४

मो ९४२३३४५८२७, ८६९८९४००००

ई-मेल : sds.college@yahoo.in



University College Code : 307
Junior College Code : J-62 01 011

Affiliated to Swami Ramamand Teerth Marathwada University, Manded.
Manjara Charitable Trust's, Latur

SMT. SUSHILADEVI DESHMUKH COLLEGE, LATUR
(Senior / Junior)

Khadgaon Road, Latur (Maharashtra) - 413531

Phone : 02382-221524

Mob. : 8423345827, 8698140000

Email : sds.college@yahoo.in

President : Hon. Dillipraoji Deshmukh (Ex. Minister)

Principal : Ajay Paul (M.A. Ph.D.)

Ref: No. SSDSCL/2018-19/

Date: 12/09/2018

To,

Dr. Sunita Patil,

Patil Hospital, Latur

Subject: Invitation to deliver a guest lecture for the students, teaching 7 non-teaching faculty.

Respected Sir,

With reference to the above cited subject, Department of Physical Education is organizing guest lecture on Basics of Exercise Physiology: Understanding the Body's Response to Physical Activity on 15th Sept., 2018. Our Department wishes to invite you as the guest lecturer for the program. So please accept the invitation. Your presence for the program will make us happy.

I hope you will accept the invitation for the same.

Thank you.

Principal

PRINCIPAL

Smt. Sushiladevi Deshmukh
Senior College, LATUR

विद्यापीठ कोड : 307
कनिष्ठ कोड : जे-६२.०१.०११

पाठ्यक्रम सलगीत : स्वामी रामानंद तीर्थ मराठवाडा विद्यापीठ, नांदेड
मान्यता योग्यतेने द्यावा शक्यते,

श्रीमती सुशीलादेवी देशमुख महाविद्यालय, लातूर
(कनिष्ठ/वरिष्ठ)

खाडगांव रोड, लातूर (महाराष्ट्र) - ४१३५३९

फोन नं. ०२३८२-२२१५२४

मो. ९४२३३४५८२७, ८६९८९४००००

ई-मेल : sds.college@yahoo.in

University College Code : 307
Junior College Code : J-62.01.011

Affiliated to Swami Ramanand Teerth Marathwada University, Nanded.
Manjara Charitable Trust's, Latur

SMT. SUSHILADEVI DESHMUKH COLLEGE, LATUR
(Senior / Junior)

Khadgaon Road, Latur (Maharashtra) - 413531

Phone : 02382-221524

Mob. : 9423345827, 8698140000

Email : sds.college@yahoo.in



President : Hon. Dillipraoji Deshmukh (Ex. Minister)

Principal : Ajay Patil (M.A. Ph.D.)

Ref: No. SSDSCL/2018-19/

Date: 15/09/2018

Letter of Appreciation

Dr. Sunita Patil,

Patil Hospital, Latur

Subject- Letter of appreciation

Dear Sir,

It was our pleasure to invite you as the Guest Lecturer on Basics of Exercise Physiology: Understanding the Body's Response to Physical Activity which was organized by Dept. of Physical Education on 15th Sept., 2018. We are very much thankful for your valuable guidance. Your presence for the program made the event more beneficial to our students.

Thanking You.


Principal

B) Report

I. Title: Basics of Exercise Physiology: Understanding the Body's Response to Physical Activity

II. Introduction: Smt. Sushiladevi Deshmukh Senior College, Latur, organized an expert lecture on "Basics of Exercise Physiology" to provide participants with foundational knowledge about how the body responds to physical activity. The lecture aimed to enhance understanding of exercise physiology principles and their implications for optimizing fitness and performance.

III. Objectives:

- To introduce participants to the fundamental concepts of exercise physiology.
- To explore the physiological responses of the body to various types of physical activity.
- To understand the role of exercise physiology in improving fitness, performance, and overall health.
- To empower participants with knowledge to design effective exercise programs tailored to individual needs.

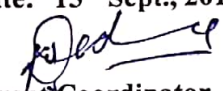
IV. Details of Participants: The event was attended by 65 participants, comprising students and faculty members.

V. Brief Summary: The lecture provided participants with an overview of exercise physiology, emphasizing its significance in understanding how the body responds to physical activity. Topics covered included cardiovascular, respiratory, muscular, and metabolic systems. Participants learned about aerobic and anaerobic energy systems, oxygen consumption, heart rate regulation, muscle contraction, and recovery processes. Through interactive discussions, participants grasped practical applications of exercise physiology in optimizing fitness and performance, highlighting the importance of individualized exercise prescription based on training goals.

VI. Conclusion: The expert lecture on "Basics of Exercise Physiology" provided participants with a solid understanding of the physiological mechanisms underlying physical activity. By gaining insights into how the body responds to exercise, participants were empowered to make informed decisions regarding their fitness goals, training programs, and overall health promotion strategies.

VII. Appendix: Participants' list with signatures and photographs.

Date: 15th Sept., 2018


Event Coordinator

Department of Physical Education


Principal
Smt. Sushiladevi Deshmukh
Senior College, Latur


IQAC Co-ordinator
Smt. Sushiladevi Deshmukh
Senior College, Latur





15 Sep. 2018

Guste Lecture On

Basics of Exercise Physiology: Understanding the body's Response
to Physical Activity



Dr. Sunita Patil Addressing the Faculty and Students on Body Fitness
and Performance



Students Patiently Listening to the Guste


PRINCIPAL
Smt. Sushiladevi Deshmukh
Senior College, Latur

MANJARA CHARITABLE TRUST'S
SMT. SUSHILADEVI DESHMUKH SENIOR COLLEGE, LATUR
DEPARTMENT OF PHYSICAL EDUCATION

2018- 2019



**Basics of Exercise Physiology: Understanding the Body's
 Response to Physical Activity**

Attendance list

Date: 10 / 01 / 2024

Sr. No.	Name of the student	Class	Signature
1	Amkusho A. A.	BA I	
2	Amkusho A. A.	F.Y	
3	Amkusho A. A.	S.Y	
4	Amkusho A. A.	T.Y	
5	Amkusho A. A.	P.Y BA	
6	Amkusho A. A.	BA I	
7	Bhuvan R. A.	F.Y	
8	Bhuvan R. A.	BA I	
9	Bhuvan R. A.	S.Y	
10	Bheth Paranj A	T.Y	
11	Bheth Paranj A	BA I	
	Bheth Paranj A	S.Y	
12	Bomode A. S.	F.Y	
13	Bomode A. S.	BA I	
14	Bomode A. S.	BA I	
15	Bomode A. S.	S.Y.	
16	Bomode A. S.	T.Y	
17	Bhalesat V. P	F.Y	
18	Bhalesat V. P	F.Y	
19	Bhalesat V. P	F.Y	
20	Bhalesat V. P	S.Y	
21	Bhalesat V. P	F.Y	
22	Bhalesat V. P	T.Y	
23	Bhoshe A. D	F.Y	



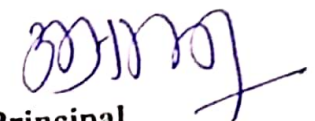
24	ಮಂಜುನಾಥ	BAT	Pathe
25	ಯೂನಿವರ್ಸಿಟಿ	BAT	Pathe
26	ಪಂಚಗುಣಿ	BAT	Pathe
27	ವಿಜಯ ಸಾಹಿತ್ಯ	BAT	Sagar
28	Bondage S.S.	FY	Bondage
29	Kolavane Chennar	FY	Kolavane
30	Banthale J.B.	FY	Banthale
31	ಶಿವ ಶಿಖರ ಪ್ರಕಾಶ	BAT	Kishor
32	ಮಹಾ ಸಾಹಿತ್ಯ	BAT	Pathe
33	ಮಹಾ ಸಾಹಿತ್ಯ	FY	Pathe
34	ಶಿವ ಶಿಖರ ಪ್ರಕಾಶ	FY	Pathe
35	ಶಿವ ಶಿಖರ ಪ್ರಕಾಶ	BAT	Pathe
36	Chandhe S.R.	FY	Chandhe
37	ಶಿವ ಶಿಖರ ಪ್ರಕಾಶ	FY-I	Pathe
38	ಶಿವ ಶಿಖರ ಪ್ರಕಾಶ	FY	Pathe
39	ಶಿವ ಶಿಖರ ಪ್ರಕಾಶ	FY	Pathe
40	ಶಿವ ಶಿಖರ ಪ್ರಕಾಶ	FY	Pathe
41	Shree P.A.	FY	Shree
42	Kamble S.B.	FY	Kamble
43	Shree P.A.	FY	Shree
44	Shree P.A.	FY	Shree
45	Shree P.A.	BAT	Shree
46	Shree P.A.	FY	Shree
47	Shree P.A.	FY-I	Shree
48	Shree P.A.	FY	Shree
49	Shree P.A.	FY	Shree
50	Shree P.A.	FY	Shree
51	Shree P.A.	FY	Shree
52	Shree P.A.	FY	Shree
53	Shree P.A.	FY	Shree
54	Shree P.A.	FY	Shree
55	Bansode Ravi	FY	Bansode
56	Deshmukh R.M.	FY	Deshmukh

57	विश्व अन्तर्गत लक्ष्य 54	Jadhav
58	Megals. S. BAIT	manu
59	शिव शिव	manu
60	bose T. M. P.Y	manu
61	Bhise Pradip T.Y	manu
	विश्व अन्तर्गत 54	manu
	bose W.P P.Y	manu



महारे SB — su
or Laxmika BN — bn

 Coordinator
Department of Physical Education


Principal
PRINCIPAL
Smt. Sushiladevi Deshmukh
Senior College, LATUR



MANJARA CHARITABLE TRUST'S
SMT.SUSHILADEVI DESHMUKH SENIOR COLLEGE,
LATUR

On the behalf of Staff Academy

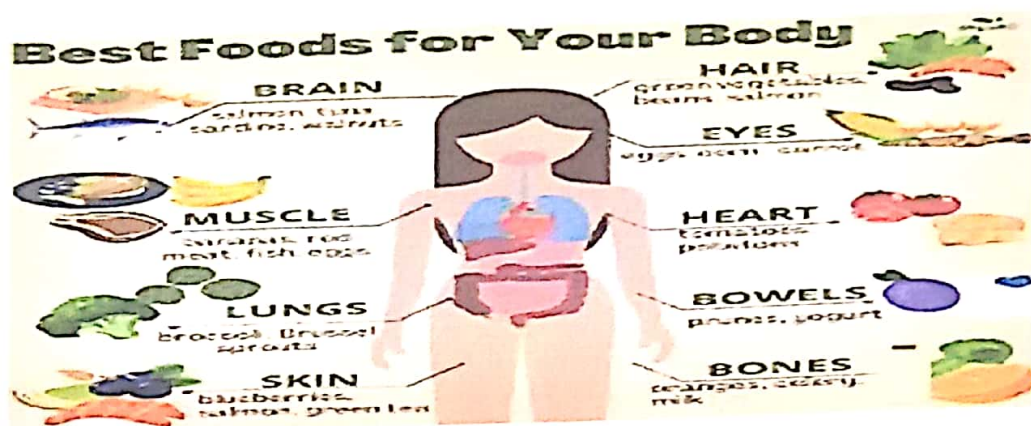
2018-2019

Programme Brochure

Expert Lecture on

Life Skills : Nutritional Diet Awareness

Date : 29/11/2018



Faculty : Dr. Kirte S. C.

Resource Person

Prof. G.S.Deshmukh

Associate Professor, Dept. of Economics,
Smt. Sushiladevi Deshmukh Senior College, Latur



MANJARA CHARITABLE TRUST'S
SMT. SUSHILADEVI DESHMUKH SENIOR COLLEGE, LATUR

Staff Academy

(2018-2019)

Sem - I

A) A Summary of the Activity:

10. Title of Programme:	Expert Lectures on Nutritional Diet Awareness
11. Name of Organizing Department/Unit:	Staff Academy
12. Name of the Coordinator(s)/Convener(s)/ Organizer(s) of the Programme:	Dr. Kirte S. C.
13. Date(s) of the Programme:	29 th Nov., 2018
14. Venue:	Hall. No. 15
15. Target Group:	Teachers and Non-teaching
16. Number of Participants:	25
17. Total Expenditure for the Programme:	Nil
18. Source of Funding:	Not applicable


IQAC Co-ordinator
Smt. Sushiladevi Deshmukh
Senior College, Latur



Notice

Date: 26th Nov., 2018

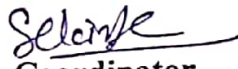
All teaching & Non-teaching faculty are hereby informed that Staff Academy has organized a Expert Lectures on Red Dot Campaign and Nutritional Diet Awareness on 29th Nov., 2018. Your active presence will make this program successful.

Event : Expert Lectures on Red Dot Campaign and Nutritional Diet Awareness

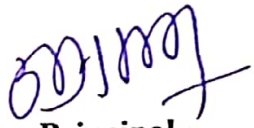
Date: 29th Nov., 2018

Time: 1.30 pm

Venue: Hall No. 15


Coordinator

Staff Academy


Principal
PRINCIPAL
Smt. Sushiladevi Deshmukh
Senior College, LATUR

विरागीठ कॉलेज कोड : 307
कनिष्ठ कॉलेज कोड : जे-६२०१०११

अवधूत संस्थान : स्वामी रामानंद तीर्थ मराठवाडा विरागीठ, नांदेड
मान्यता योग्यतेने दुरुपेक्षा संयोजित,

श्रीमती सुशीलादेवी देशमुख महाविद्यालय, लातूर
(कनिष्ठ/चरित)

खाडगांव रोड, लातूर (महाराष्ट्र)-४१३५३१
फोन नं ०२३८२-२२१५२४
मो ९४२३३४५८२७, ८६९८१४००००
ई-मेल : sds.college@yahoo.in



University College Code : 307
Junior College Code : J-62.01.011

Affiliated to Dnyaneshwar and Ramkrishna Teerth Maharashtra University, Nanded,
Manjara Charitable Trust's, Latur

SMT. SUSHILADEVI DESHMUKH COLLEGE, LATUR
(Senior / Junior)

Khadgaon Road, Latur (Maharashtra) - 413531
Phone : 02382-221524
Mob. : 9423345827, 8698140000
Email : sds.college@yahoo.in

President : Hon. Dillipraoji Deshmukh (Ex. Minister)

Principal : Ajay Patil (M.A. Ph.D.)

Ref: No. SSDSCL/2018-19/

Date: 27/11/2018

To,

Mr. G.S. Deshmukh

Associate Professor, Department of Economics

Smt. Sushiladevi Deshmukh Senior College, Latur

Subject: Invitation to deliver a guest lecture on Nutritional Diet Awareness.

Respected Sir,

With reference to the above cited subject, Staff Academy is organizing a guest lecture on Nutritional Diet Awareness on 29th Nov., 2018 at 1.30 am. The staff academy wishes to invite you as the guest lecturer for the program. So please accept the invitation. Your presence for the program will make us happy.

I hope you will accept the invitation for the same.

Thank you.

Principal

Smt. Sushiladevi Deshmukh
Senior College, LATUR

विद्यापीठ कोड : 306

कनिष्ठ कोड : जे-६२०१०११

जायम सलप्रीत : स्वामी रामानंद तीर्थ मराठवाडा विद्यापीठ, नांदेड
भाजरा चॅरिटेबल ट्रस्ट द्वारा संचालित,

श्रीमती सुशीलादेवी देशमुख महाविद्यालय, लातूर
(कनिष्ठ/वरिष्ठ)

खाडगांव रोड, लातूर (महाराष्ट्र) - ४१३५३१

फोन नं ०२३८२-२२१५२४

मो. ९४२३३४५८२७, ८६९८९४००००

ई-मेल : sds.college@yahoo.in

University College Code : 307

Junior College Code : J-62.01.011

Affiliated to Swami Ramanand Teerth Marathwada University, Nanded.
Manjara Charitable Trust's, Latur

SMT. SUSHILADEVI DESHMUKH COLLEGE, LATUR
(Senior / Junior)

Khadgaon Road, Latur (Maharashtra) - 413531

Phone : 02382-221524

Mob. : 8423345827, 8698140000

Email : sds.college@yahoo.in



President : Hon. Dillipraoji Doshmukh (Ex. Minister)

Principal : Ajay Patil (M.A. Ph.D.)

Ref: No. SSDSCL/2018-19/

Date: 29/11/2018

Letter of Appreciation

Mr. G.S. Deshmukh

Associate Professor, Department of Economics

Smt. Sushiladevi Deshmukh Senior College, Latur.

Subject- Letter of appreciation

Dear Sir,

It was our pleasure to invite you as the Guest Lecturer on 'Nutritional Diet Awareness' which was organized by Staff Academy on 29th Nov., 2018. at 1.30 pm. We are very much thankful for your valuable guidance. Your presence for the program made the event more beneficial to our students.

Thanking You.

PRINCIPAL

Smt. Sushiladevi Deshmukh
Senior College, LATUR

B) Report



I. Title: Expert Lectures on Nutritional Diet Awareness

II. Introduction: Smt. Sushiladevi Deshmukh Senior College, Latur, organized expert lectures focusing on two vital aspects of health and well-being: the Red Dot Campaign and Nutritional Diet Awareness. These lectures aimed to educate students and staff about menstrual health and the importance of maintaining a balanced and nutritious diet for overall well-being.

III. Objectives:

- To raise awareness about menstrual health and hygiene through the Red Dot Campaign.
- To promote understanding and acceptance of menstruation as a natural biological process.
- To provide information on the significance of a nutritional diet in maintaining health and preventing diseases.
- To empower participants with knowledge and practical tips for adopting healthy dietary habits.

IV. Details of Participants: The event was attended by 25 participants, comprising students, faculty members, and professionals from various fields.

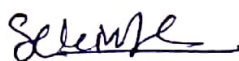
V. Brief Summary: The expert lectures began with an introduction to the Red Dot Campaign, which aims to eliminate stigma and promote menstrual hygiene awareness. Participants learned about the importance of breaking taboos surrounding menstruation and creating a supportive environment for menstruating individuals. Practical tips on menstrual hygiene management and the proper use of sanitary products were shared.

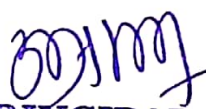
Following the Red Dot Campaign session, the focus shifted to Nutritional Diet Awareness. A nutritionist or health expert conducted a session highlighting the significance of a balanced diet in maintaining optimal health. Participants learned about the essential nutrients required for overall well-being and the importance of portion control and meal planning. Practical tips for incorporating healthy foods into daily meals and snacks were provided.

VI. Conclusion: The expert lectures on the Red Dot Campaign and Nutritional Diet Awareness provided valuable insights and practical guidance to participants. By addressing menstrual health stigma and promoting healthy dietary habits, the lectures aimed to empower individuals to make informed choices for their health and well-being.

VII. Appendix: Participants' list with signatures and photographs.

Date: 29th Nov., 2018


Event Coordinator
Staff Academy


PRINCIPAL
Smt. Sushiladevi Deshmukh
Senior College, LATUR

IQAC Co-ordinator
Smt. Sushiladevi Deshmukh
Senior College, Latur



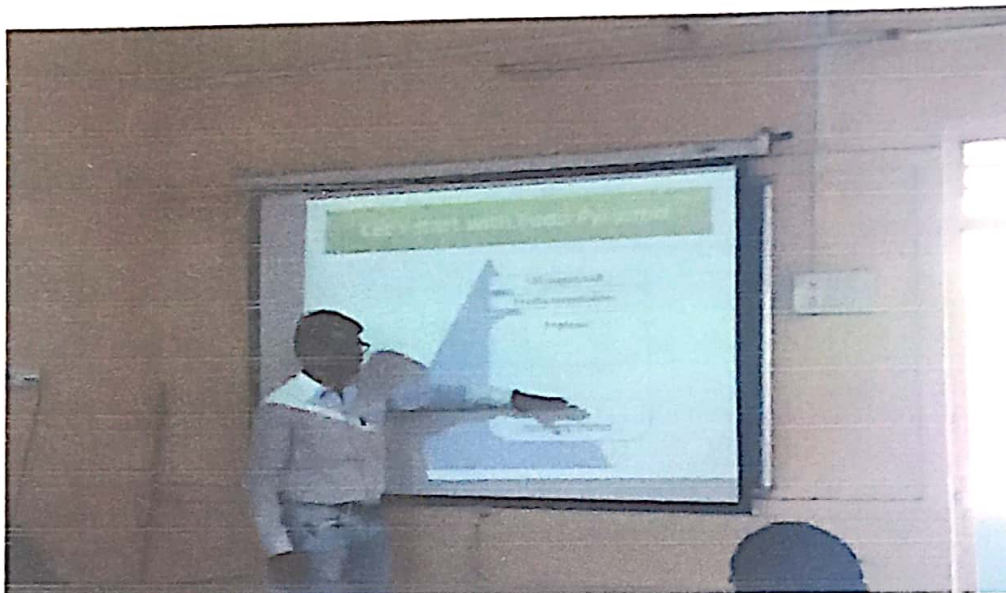
29 Nov. 2018



**Guste Lecture On
Nutritional diet awareness**



Dr. Kirte Savita While Introducing the Programme



Prof. G.S. Deshmukh talking on Nutritional diet awareness

PRINCIPAL
Smt. Sushiladevi Deshmukh
Senior College, LATUR



MANJARA CHARITABLE TRUST'S
SMT. SUSHILADEVI DESHMUKH SENIOR COLLEGE, LATUR
STAFF ACADEMY

2018-2019



Expert Lectures on Nutritional Diet Awareness

Attendance list

Date: 29/11/2018

Sr. No.	Name of the student	Class	Signature
1	मनोरंजना मंगेश	TY	Bhusale
2	मनोरंजना मंगेश	BA II	Mungesh
3	मनोरंजना मंगेश	TY	Nagesh
4	मनोरंजना मंगेश	BA II	Sumi
5	Kamble Nikhil M	TY	Nikhil
6	मनोरंजना मंगेश	PY	Sumi
7	मनोरंजना मंगेश	BA II	Sumi
8	मनोरंजना मंगेश	BA II	Sumi
9	Rathod R. J.	BA III	Sumi
10	Rathod R. J.	TY	Sumi
11	मनोरंजना मंगेश	TY	Sumi
12	Dutras R. B	BA III	Sumi
13	मनोरंजना मंगेश	BA II	Sumi
14	मनोरंजना मंगेश	BA II	Sumi
15	मनोरंजना मंगेश	BA II	Sumi
16	मनोरंजना मंगेश	PY	Sumi
17	मनोरंजना मंगेश	PY	Sumi
18	मनोरंजना मंगेश	BA II	Sumi
19	मनोरंजना मंगेश	TY	Sumi
20	मनोरंजना मंगेश	BA II	Sumi
21	मनोरंजना मंगेश	PY	Sumi
22	मनोरंजना मंगेश	BA II	Sumi
23	मनोरंजना मंगेश	BA II	Sumi
24	मनोरंजना मंगेश	BA II	Sumi
25	मनोरंजना मंगेश	BA II	Sumi
26	मनोरंजना मंगेश	BA II	Sumi
27	मनोरंजना मंगेश	BA II	Sumi
28	मनोरंजना मंगेश	BA II	Sumi
29	मनोरंजना मंगेश	BA II	Sumi
30	मनोरंजना मंगेश	BA II	Sumi

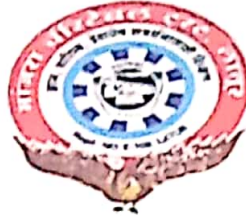
24/01/2024	BA II	Sanger
24/01/2024	BA II	Kumar
Sange D. P.	BA II	Sanger

mehele S.B — on



Sange
Staff Academy

Smt. Sushiladevi Deshmukh
PRINCIPAL
Smt. Sushiladevi Deshmukh
Senior College, LATUR



MANJARA CHARITABLE TRUST'S
SMT.SUSHILADEVI DESHMUKH SENIOR COLLEGE,
LATUR
DEPARTMENT OF SOCIOLOGY

2018-2019

Programme Brochure

Expert Talk on

**Life Skills : International AIDS Day : Problems of AIDS
Condition & Direction**

Date : 01/12/2018



Faculty : Dr. Vedprakash Malwade

Prof. Anita Gaikwad

Resource Person

Prof. T. N. Magar

Dept. of Public Administration

Smt. Sushiladevi Deshmukh Senior College, Latur



मांजरा चॅरिटेबल ट्रस्ट संचलित
श्रीमती सुशीलादेवी देशमुख वरिष्ठ महाविद्यालय, लातूर

समाजशास्त्र विभाग

शैक्षणिक वर्ष 2018-2019

सत्र : II

कार्यक्रमाचा अहवाल

1. कार्यक्रमाचे नांव	<u>साप्ताहिक पुस्तक दिन :</u> <u>पुस्तक संख्या 4311 व दि. 3/11</u>
2. विभागाचे नांव : समाजशास्त्र	
3. कार्यक्रम समन्वयकाचे नांव	<u>डॉ. वेद प्रभाकर मंगवडे</u> <u>प्रि. अमिता गायकवाड</u>
4. कार्यक्रमाचा दिनांक	<u>1/12/2018</u>
5. ठिकाण	हॉल नं. : <u>19</u> Time. <u>12-15</u>
6. लक्ष गट	पदवी विद्यार्थी
7. सहभागी विद्यार्थी संख्या	<u>38</u>
8. साधन व्यक्तीचे नांव	<u>प्रि. डॉ. टी. राज मंगर</u>
9. कार्यक्रमाचा एकूण खर्च	निरंक
10. आर्थिक स्रोत	लागू नाही
11. कार्यक्रमासाठी जोडलेली कागदपत्रे	नोटीस, पत्र, उपस्थिती, अहवाल व फोटो



IQAC Co-ordinator
Smt. Sushiladevi Deshmukh
Senior College, Latur

Principal
Smt. Sushiladevi Deshmukh
Senior College, Latur

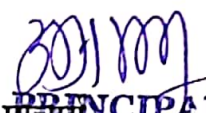




सुचना

दिनांक : 23/11/2018

श्रीमती सुशीलादेवी देशमुख वरिष्ठ महाविद्यालयातील समाजशास्त्र विषयाच्या बी.ए. प्रथम, द्वितीय व तृतीय वर्षातील सर्व विद्यार्थ्यांना सुचित करण्यात येते की, दिनांक 1/12/2018 रोजी-----12.30----- वाजता समाजशास्त्र विभागाच्या वतीने मा.प्रा.डॉ. A. V. H. यांचे-----या विषयावर व्याख्यान आयोजित केले आहे तरी समाजशास्त्राच्या सर्व विद्यार्थ्यांनी हॉल नं:----- मध्ये उपस्थित रहावे.


PRINCIPAL
Smt. Sushiladevi Deshmukh
Senior College, LATUR

विद्यापीठ कोड : ३०७

कनिष्ठ कोड : जे-६२.०१.०११

कसम संलग्नीत : स्वामी रामानंद तीर्थ मराठवाडा विद्यापीठ, नांदेड
मांजरा चॅरिटेबल ट्रस्ट द्वारा संचालित,

श्रीमती सुशीलादेवी देशमुख महाविद्यालय, लातूर
(कनिष्ठ/वरिष्ठ)

खाडगांव रोड, लातूर (महाराष्ट्र) - ४१३५३१

फोन नं. ०२३८२-२२९५२४

मो. ९४२३३४५८२७, ८६९८९४००००

ई-मेल : sds.college@yahoo.in



University College Code : 307

Junior College Code : J 62.01.011

Affiliated to Swami Ramanand Teerth Marathwada University, Nanded
Manjara Charitable Trust's, Latur

SMT. SUSHILADEVI DESHMUKH COLLEGE, LATUR

(Senior / Junior)

Khadgaon Road, Latur (Maharashtra) - 413531

Phone : 02382 221524

Mob : 9423345827, 8698140000

Email : sds.college@yahoo.in

President : Hon. Dillipraoji Deshmukh (Ex Minister)

Principal : Ajay Patil (M.A. Ph.D.)

जा.क्र. श्री सुदेवमला/2018/11/10/02

दि 11/12/2018

:: आभार - पत्र ::

प्रति,

प्रा.प्र. - यश. मगर
मुख्य प्रशासन विभाग
श्रीमती सु. देशमुख महिला
कनिष्ठ महाविद्यालय

विषय :- आभार पत्र.

महोदय,

आपण आमच्या महाविद्यालयात दि. 11/12/2018 रोजी

प्रमुख अतिथी म्हणून उपस्थित राहून, अनमोल असे मार्गदर्शन केलात. त्याबद्दल
समाजशास्त्र विभागातर्फे आपले मनःपूर्वक आभार !

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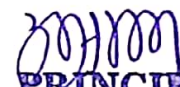
मांजरा चॅरिटेबल ट्रस्ट संचालित.
श्रीमती सुशीलादेवी देशमुख वरिष्ठ महाविद्यालय, लातूर.

शैक्षणिक वर्ष: 2018-2019 समाजशास्त्र विभाग
सत्र : II

दि.: 01/12/2018

कार्यक्रमाचा अहवाल

1. कार्यक्रमाचे शिर्षक : अतिथी व्याख्यान/गट चर्चा
2. प्रस्तावना : भारतामध्ये जातीचा व जाती-जागांमध्ये पडलेल्या समस्या कोट. या समवेत बदल घडवून आणण्यासाठी गरजेचे आहे. महत्वाच्या या समवेत बदल कायदी पाळवी मिळविणे गरजेचे आहे. या समवेत बदल मिळविणे गरजेचे आहे.
3. कार्यक्रमाचे उद्दिष्ट्ये : एरल एरनेटची समस्या, परिणाम व समाधान या व समाधान याची जाणीव घ्यावी.
4. सहभागी विद्यार्थ्यांची माहिती : महाविद्यालयामध्ये एरल एरनेटचे कार्य करणारे विद्यार्थी व प. प्रथम, द्वितीय व तृतीय वर्गचे सहभागी.
5. कार्यक्रमाचा सारांश : प्रा. डॉ. टी. एन. मंगर सर यांनी या समवेत बदल घडवून आणण्यासाठी गरजेचे आहे. या समवेत बदल घडवून आणण्यासाठी गरजेचे आहे.
6. निष्कर्ष व अभिप्राय : सर्व मुलांनी उत्तमपणे सहभाग घेतला. या समवेत बदल घडवून आणण्यासाठी गरजेचे आहे. या समवेत बदल घडवून आणण्यासाठी गरजेचे आहे.
7. सहभागी विद्यार्थ्यांची यादी : स्वतः यादी जोडली आहे.


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Senior College, LATOUR



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श्रीमती सुशीलादेवी देशमुख वरिष्ठ महाविद्यालय, लातूर
समाजशास्त्र विभाग

शैक्षणिक वर्ष 2018-2019

दिनांक : 01.12.2018

जागतिक दांडू दिव विषय: दांडू समस्या दशा व किशा.



विषय: दांडू समस्या दशा व किशा.


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श्रीमती सुशीलादेवी देशमुख वरिष्ठ महाविद्यालय, लातूर

समाजशास्त्र विभाग

शैक्षणिक वर्ष 2018-2019

दिनांक : 01.12.2018

जागतिक एड्स दिव : विषय : एड्स समस्या दूर करू शकतो या
कार्यक्रमात उपस्थित विद्यार्थी



उपस्थित विद्यार्थी

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चॅरिटेबल ट्रस्ट संचलित
श्रीमती सुशीलादेवी देशमुख वरिष्ठ महाविद्यालय, लातूर
समाजशास्त्र विभाग

शैक्षणिक वर्ष 2018-2019

दिनांक : 01.12.2018

जागतिक पुस्तक दिवस : विषय: पुस्तक सभ्यता दशा काचि डिश।।



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मांजरा चॅरिटेबल ट्रस्ट संचलित
श्रीमती सुशीलादेवी देशमुख वरिष्ठ महाविद्यालय, लातूर



समाजशास्त्र विभाग
शैक्षणिक वर्ष - 2018-2019 सत्र : II

दिनांक : 1/12/2018

अ.क्र	विद्यार्थ्याचे नांव	वर्ग	स्वाक्षरी
1	चेंबळे सागर अश्विदास	F.Y.	Same
2	अनवने वैभव सुभाष	F.Y.	Same
3	शेखर ललित ललित	F.Y.	Same
4	शिंदे गणेश रमेश	F.Y.	Same
5	Kupraw Ramesh Bhandar	F.Y.	Same
6	Vedde Khemdu Arjun	F.Y.	Same
7	गळके सुरेश मोहन	S.Y.	Same
8	Kambale Nikhil Mahesh	F.Y.	Same
9	दिंगारे हरिभाऊ दिगोकर	F.Y.	Same
10	Ingle Akash Ramkesh	F.Y.	Same
11	अनवने अश्विनी अश्विनी	F.Y.	Same
12	अनवने अश्विनी अश्विनी	F.Y.	Same
13	आंबेकर राजेश रमेश	S.Y.	Same
14	आंबेकर राजेश रमेश	F.Y.	Same
15	आंबेकर राजेश रमेश	F.Y.	Same
16	Hansham S.Y.	S.Y.	Same
17			
18	मोटे संपूर्ण सुभाष	S.Y.	Same
19	आंबेकर राजेश रमेश	F.Y.	Same
20	अनवने अश्विनी अश्विनी	F.Y.	Same

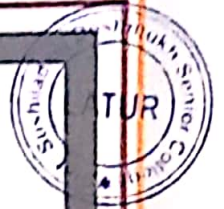
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अ.क्र.	विद्यार्थ्याचे नांव	वर्ग	स्वाक्षरी
21	शुभाष महादेव विजय	7 th	<u>Shubh</u>
22	जाधव राहुल सुभाष	5 th	<u>Jaadhav</u>
23	मंगण मरणा महे	7 th	<u>Mangana</u>
24	Sahunke A.B.	5 th	<u>Sahunke</u>
25	Sonkamble, Anandash Patil	7 th	<u>Sonkamble</u>
26	शिले राहुल गोविंद	7 th	<u>Shile</u>
27	शिरी दिव्य सुभाष	5 th	<u>Shiri</u>
28	सुभाष मरणा राहुल	7 th	<u>Subhash</u>
29	कोवळे सुनील महादेव	5 th	<u>Kovale</u>
30	Son Ajay Mahanohar	7 th	<u>Son</u>
31	गवले गोविंद सुभाष	7 th	<u>Gavale</u>
32	Shankar Atat Deshmukh	7 th	<u>Shankar</u>
33	रावण सुभाष गोविंद	7 th	<u>Raavan</u>
34	होवले सुभाष महादेव	5 th	<u>Hovale</u>
35	सुभाष मरणा राहुल	5 th	<u>Subhash</u>
36	Panchal, M.B.	5 th	<u>Panchal</u>
37	महण राहुल सुभाष	5 th	<u>Mahan</u>
38	Rashed M.S.	5 th	<u>Rashed</u>

IQAC Co-ordinator
Smt. Sushiladevi Deshmukh
Senior College, Latur

PRINCIPAL
Smt. Sushiladevi Deshmukh
Senior College, Latur



MANJARA CHARITABLE TRUST'S
SMT.SUSHILADEVI DESHMUKH SENIOR COLLEGE,
LATUR
DEPARTMENT OF ENGLISH

2019-2020

Programme Brochure

Workshop on

Soft Skill : Access to Employability

Date : 21/09/2019



Principal : Dr.Ajay Patil

Coordinator : Dr. S.C.Kirte

Covener : Dr.S.K. Yedle

Resource Persons:

Dr.Chandrakant sherkhanr

Mr.Vinod Chavan

Dr.Santosh Kulkarni



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Department of Languages (Marathi, Hindi & English)
Organize
One Day College Level Workshop on
Access to Employability



Date: 21.09.2019

Venue: Hall No. 06

Time	Programme
10.30 am – 12.00 am	INAUGURATION CEREMONY President: Principal Dr. Ajay B. Patil Smt. Sushiladevi Deshmukh Senior College, Latur Inaugurator: Principal Dr. A.S. Munde Smt. Sushiladevi Deshmukh Mahila College, Latur Chief Guest: Dr. Chandrakant Sherkhane Dept. of Marathi Shivaji College, Renapur, Latur Anchor : Dr. Surekha Bankar Vote of thanks: Dr. Kumar Bansode
12.00 – 01.00pm	TECHNICAL SESSION –I Chairperson :Dr. S.C. Kirte Resource Person :Mr. Vinod Chavan Asst. Prof. Dept. of English Topic : Critical thinking & problem Solving Anchor :Dr. Dilip Pastapure Vote of thanks :Dr. Khartmol Datta
01.00 pm to 1.40 pm	Lunch Break

1.40 pm to 1.50 pm	12.15 PM A.E. Symposium - II Chairperson : Dr. S.R. Vadde Resource Person : Dr. Sushanth Kulkarni Topic : Cloud Communication, Motivation & Inspiration Anchor : Mr. Chandrabu Chavale Vote of thanks : Dr. Pallavi D. D.
3.00pm- 4.00 pm	VALENTINE'S DAY CELEBRATION President : Principal Dr. Ajay B. Patil Smt. Sushiladevi Deshmukh Senior College, Latour Chief Guest : Prof. G.S. Deshmukh Asst. Prof. Dept. of Econ. Smt. Sushiladevi Deshmukh Senior College, Latour Anchor : Mrs. Savita Yadav Vote of thanks : Prof. S.P. More

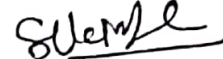


Notice

Date: 18.09.2019

All the Students of BA (FY/SY/TY) are here by informed that the Department of Languages (Marathi/Hindi/English) is going to organize one day college level workshop on Access to employability on 21.09.2019.

Hence, you are informed to attend the workshop.


Coordinator



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Department of Languages (Marathi, Hindi & English)
Organize
One Day College Level Workshop on
Access to Employability



Date: 21.09.2019

Venue: Hall No. 06

Report of the Workshop

Date: 21/09/2019

One Day Workshop on **Access to Employability** was organized by the department of languages (Marathi/Hindi/English) on **21/09/2019** in Hall No 06. All the Students in the college were well informed by circulating notice on **18/09/2019**.

As per the plan made by coordinator, the Inaugural Ceremony of the workshop began at 10.30 am under the chairmanship of Principal Dr. Ajay B. Patil. . Principal, A.S. Munde, Smt. Sushiladevi Deshmukh Mahila College, Latur, was invited as an inaugurator of the workshop. Dr. Chandrakant Sherkhane was invited as the chief guest for the programme. Dr. A.S. Munde, inaugurated the workshop by lighting traditional lamp and offering garland to the image of Matoshri, Sushiladevi.

At the beginning, Dr. S.K. Yedle, Convenor of the workshop delivered his introductory speech in which he stated the purpose behind the organization of this workshop on 'Access to Employability'. He informed that the department languages has planned this workshop to inform students in the college regarding Importance of Access to Employability.

After introductory speech, Principal, Dr. A.S. Munde delivered her inaugural address. In her inaugural speech Principal, Dr. A.S. Munde appreciated efforts made by the department languages. She also shared her personal experience as the chairman of different committees.

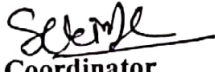
Principal, Dr. Ajay Patil, delivered presidential speech. In his address, he appreciated the department languages for organizing Workshop on Access to Employability. He also recorded the value and contribution of parent institution in the development of the college.

Dr. Surekha Bankar, conducted the Programme and Dr. Kumar Bansode, proposed vote of thanks. Thus, the inaugural session ended.

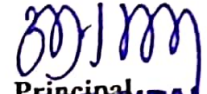
The workshop was divided into two technical sessions. Each session was chaired and conducted by different faculty members. All the technical sessions were arranged in Hall no. 06. Prof. Vinod Chavan, Department of English and Dr. Santosh Kulkarni, Head, Department of Hindi were assigned the responsibilities as the resource persons for the event.

Prof. Vinod Chavan was the resource person for Technical Session -I 'Critical thinking & Problem Solving' He explained the importance of Skills. In the Technical Session II, Dr. Santosh Kulkarni made presentation on the topic 'Good Communication, Motivation & initiative.' He made his detailed discourse on the topic, He also motivated the Students.

The workshop concluded with the valedictory Function as per the Programme Schedule. Prof. G.S. Deshmukh was the chief guest for the valedictory function. Mrs. Savita Yadav conducted the programme and Mr. S.P. More proposed vote of thanks. At the end of the programme all the students were given Participation Certificates.

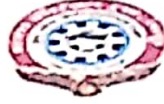

Coordinator


Convener


Principal
PRINCIPAL
Smt. Sushiladevi Deshmukh
Senior College, LATUR


IQAC Co-ordinator
Smt. Sushiladevi Deshmukh
Senior College, Latur





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SMT. SUSHILADEVI DESHMUKH SENIOR COLLEGE, LATUR
DEPARTMENT OF LANGUAGES (Marathi, Hindi & English)



2019-2020

One Day College Level Workshop on Access to Employability

Valedictory Function



Dr. S. R. Patil while felicitating Dr. P. V. Melan



Dr. S. C. Kote while felicitating Mr. Swami

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Senior College, Latur

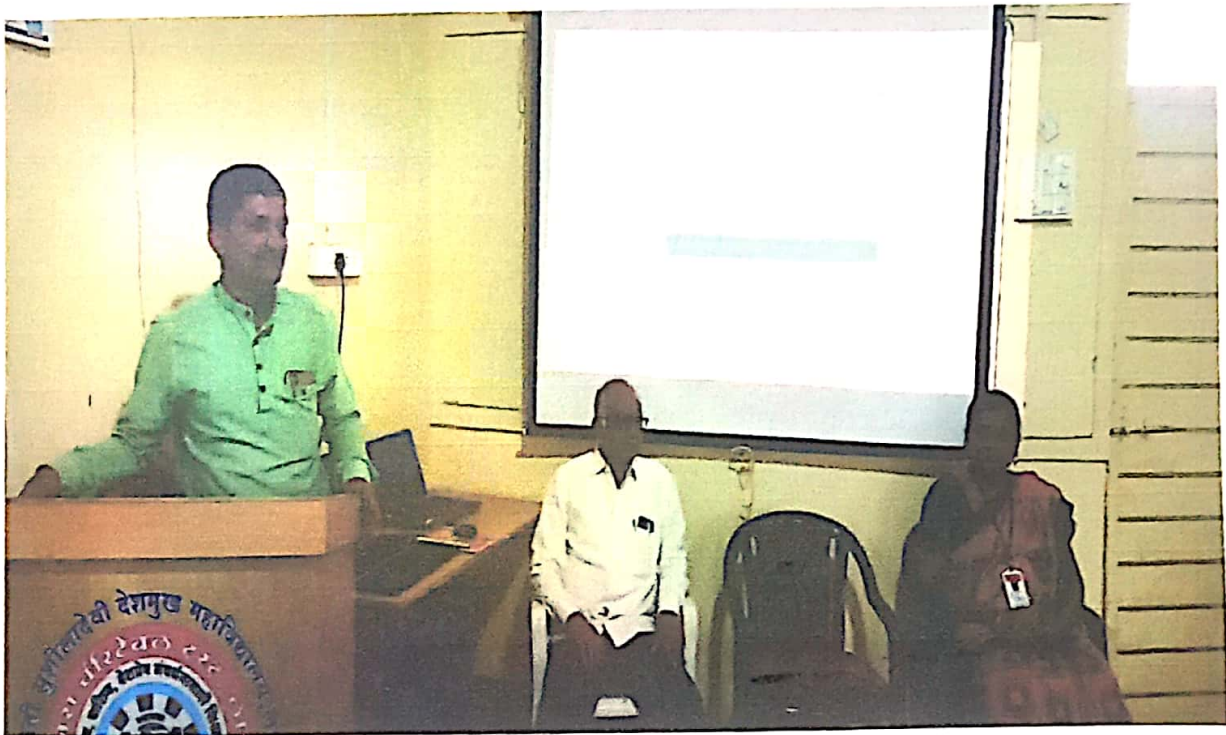
Swaminand

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Dr. S. H. Jedale in technical session II



Dr. Shankar Kolgare, the Chief Guest
in technical session II

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Department of Languages (Marathi, Hindi & English)
Organize
One Day College Level Workshop on
Access to Employability



Date: 21.09.2019

Venue: Hall No. 06

Inauguration Function
Attendance Sheet

Sr. No.	Name of the Students	Signature
1	अनिकेत वळीराम वाघमारे	
2	आशा मारुती सुर्यवंशी	
3	अश्विन भटादेव वनसोडे	
4	आश्विनी अर्जुन पांचाळ	
5	चैतन्य अनिल बोरोडे	
6	दत्ता साहेबराव भुदाळे	
7	दीपांजली सोमनाथ इंगळे	
8	ज्ञानेश्वर गोरोबा लोंढे	
9	ज्ञानेश्वर निवृत्ती डुरे	
10	गोपाळ बालसाहेब झाडे	
11	गोविंद कोडिवा जाधव	
12	मनीषा लक्ष्मण रसाळ	
13	मयुरी उर्फुश आडे	
14	निर्गुण नानाजी फुडे	
15	ओंकार अतीश फदम	
16	पूजा चंद्रकांत जाधव	
17	प्रशांत अच्युत कांबळे	
18	प्रतिभा दिलीप सरवडे	
19	प्रविण शिवाजी वने	
20	रामेश्वर दिलीप फुडे	

21	नरसिंह केशव माधवसाहेब मुंडे	<u>P. S. K. M.</u>
22	मनिन बापुसाव गवली	<u>L. S. G.</u>
23	संदीप सुधीर कासार	<u>S. S. K.</u>
24	संतोष लखन मोडगी	<u>S. S. M.</u>
25	बाबनम सुनका डोय	<u>S. S. D.</u>
26	अनसूय बाई दिव्याम गजाराव	<u>A. S. G.</u>
27	सिडले गजानन दीपक	<u>S. S. D.</u>
28	लोचले ज्योती बापुसाव	<u>L. S. B.</u>
29	चेंडके सागर गेरिदास	<u>C. S. G.</u>
30	देडे उमेश विलास	<u>D. S. V.</u>
31	गायकवाड अनिकेत सुवराज	<u>G. S. S.</u>
32	गायकवाड भाग्यश्री राजू	<u>G. S. R.</u>
33	गोरे गोपाळ गणपत	<u>G. S. G.</u>
34	जाधव लक्ष्मी राजपाल	<u>J. S. R.</u>
35	कांवळे नितेश विजय	<u>K. S. V.</u>
36	कोली त्रैलुजा नात्याराव	<u>K. S. N.</u>
37	कोरे शुभांगी नमंकट	<u>K. S. N.</u>
38	बनमोडे गुरज अच्युत	<u>B. S. A.</u>
39	चव्हाण लालेश प्रभाकर	<u>C. S. P.</u>
40	रमशान शरीन यासीन	<u>R. S. Y.</u>
41	रोळकर अमोल नागनाथ	<u>R. S. N.</u>
42	जाधव कमलकर बापुसाव	<u>J. S. B.</u>
43	कांवळे प्रवीण गंगाराम	<u>K. S. G.</u>
44	राठोड राजाभाऊ अशोक	<u>R. S. A.</u>
45	बालुंके अश्विनी बालसाहेब	<u>B. S. B.</u>
46	डोख अमीर निजाम	<u>D. S. N.</u>
47	शिंदे श्रीकृष्ण देगडू	<u>S. S. D.</u>
48	तौर श्रीनिवास आपसाहेब	<u>T. S. A.</u>
49	पागदकर खंशीता रंगराव	<u>P. S. R.</u>
50	डोख विलास डोकन	<u>D. S. D.</u>
51		
52		



IQAC Coordinator

Smt. Sushiladevi Deshmukh
PRINCIPAL
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Senior College, LATUR



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Date: 21.09.2019

Venue: Hall No. 06

Technical Session-I
Attendance Sheet

Sr. No.	Name of the Student	Signature
1	आशा गोकुळी मुर्घेवशी	
2	आश्विन मरादेव वनमोडे	
3	अमिकेत बकीराम वाघमारे	
4	आश्विनी अनंत पांचाळ	
5	राजेश्वर दिलीप मुडे	
6	प्रवीण शिवाजी वने	
7	प्रमिता दिलीप मयवडे	
8	प्रज्ञांत अन्भुत कांबळे	
9	पूजा चंद्रकांत जाधव	
10	ओंकार सतीश कदम	
11	निर्गुण ताजाजी फुडे	
12	मचुरी अंकुश आडे	
13	मनीषा लक्ष्मण म्हाळ	
14	गोविंद कोडिवा जाधव	
15	गोपाल वाल्मसारेव आडे	
16	ज्ञानेश्वर निवृत्ती डुरे	
17	दीपांजली सोमनाथ इंगळे	
18	दत्ता सारंगराव मुदाळे	
19	ज्ञानेश्वर गोरोबा लोटे	
20	चैतन्य अनिल घोराडे	

21	बाबादकर अमीना शिवाय	<i>Babada</i>
22	बोस विनाय बोका	<i>Bos</i>
23	गौर श्रीनिवास आकाशदेव	<i>Gaur</i>
24	शिंदे श्रीकृष्ण रंगई	<i>Shinde</i>
25	बोसळ सागीर विनाय	<i>Bosalk</i>
26	साईके अश्विनी बाळासाहेब	<i>Saikar</i>
27	राडा राधासाई, अशोक	<i>Rada</i>
28	कांबळे सुवीण रंगाराम	<i>Kambale</i>
29	जाधव कमलकर बापूराव	<i>Jadhav</i>
30	होळकर अशोक नाथराव	<i>Holkar</i>
31	रमेशान शरीन बायीन	<i>Rameshan</i>
32	चवण नागेश रंगाराम	<i>Chavan</i>
33	वसोडे सुरेश जयपुन	<i>Vasode</i>
34	कोरे शुभांगी लंकाट	<i>Kore</i>
35	कोजी त्रयपुजा नाथराव	<i>Kojhi</i>
36	कांबळे गिनेश विनाय	<i>Kambale</i>
37	जाधव लक्ष्मी राजपाल	<i>Jadhav</i>
38	गोरे गोपाळ गणपत	<i>Gore</i>
39	गायकवाड भागश्री राजू	<i>Gaikwad</i>
40	गायकवाड अश्विनी सुवर्णा	<i>Gaikwad</i>
41	देडे उमेश विनाय	<i>Dele</i>
42	चेंडके सागर जेरिदाम	<i>Chendke</i>
43	बोथले ज्योती बापूराव	<i>Bothale</i>
44	बिडवे राजानन दीपक	<i>Bidve</i>
45	अनमोलवाड दिपराज राजाराम	<i>Anamolwad</i>
46	शवणम मुस्तफा शेख	<i>Shavnam</i>
47	संतोष बबन भोगीळ	<i>Santosh</i>
48	बांदीप सुधीर कासार	<i>Bandi</i>
49	सचिन बापूराव गपळी	<i>Sachin</i>
50	त्रयपिकेश रावसाहेब मुळे	<i>Traypikesh</i>
51		



IQAC Coordinator

Smt. Sushiladevi Deshmukh
Principal
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Date: 21.09.2019

Venue: Hall No. 06

Technical Session-II
Attendance Sheet

Sr. No.	Name of the Student	Signature
1	एमशाबा रमिज मोसिनि	
2	पद्माण नागेश प्रभाकर	
3	वलमोडे मूरख मन्मथ	
4	कु. कोरे शकुन्ती व्यंकट	
5	कु. कोळी तमनजा माताशव	
6	कोवले निवेश विजय	
7	कु. जाधव लक्ष्मी राजपठ	
8	जोरे भोपाळ गणपत	
9	कु. जाधववाड भावसी राजू	
10	गावकवाड आनिकेत अरज	
11	देडे उमेश विनाय	
12	चंडके सागर रोहिदास	
13	कु. बोधके ज्योति बाबुराव	
14	खिडवे गजानन दिपक	
15	अनभुजवाड शिवराम शत्राशम	
16	कु. शबन्मि पुरुषोत्तम शेरव	
17	संतोष लखव भोगिळ	
18	संदीप सुधीर मास्तर	
19	रामपिण बाबुराव गवळी	
20	ग्याधिकेश रावसाहेब मुळे	



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Date: 21.09.2019

Venue: Hall No. 06

Valedictory Function
Attendance Sheet

Sr. No.	Name of the Student	Signature
1	अनिल बकीराम वाढमोरे	
2	कु. अमरा मारुती नुर्यवंशी	
3	अश्विन मसुंदी वलमोडे	
4	कु. अश्विनी मनेग पां-पाळ	
5	चैतन्य भागिक वेष्टे	
6	दत्तासाहेबराव धुसावे	
7	कु. दीपांजली सोमनाथ इंगळे	
8	शानेश्वर गोरीका लोंढे	
9	शानेश्वर निहली इरे	
10	गोपाळ बालासाहेब झडे	
11	गोविंद कोडिया गाधव	
12	कु. मनिषा मक्रमण रसाळ	
13	कु. मधुरी मकुश झडे	
14	कु. भिर्गुना तानाजी पुड्डे	
15	डोंकार सीतेश कदम	
16	इष्टीका चंद्रकांत गाधव	

17	प्रमाण अनुपम नील	Vandana
18	प्रमाण विकीप गवडे	Vandana
19	प्रमाण शिवाजी वने	Vandana
20	प्रमाण विकीप निवडे	Vandana
21	प्रमाण गव गवडे मुने	Vandana
22	प्रमाण वापुल गवडी	Vandana
23	प्रमाण मुदीर कासार	Vandana
24	प्रमाण वल्लभ भोगिक	Vandana
25	प्रमाण मुद्रापा वल्ल	Vandana
26	प्रमाण गव गवडे गवडे	Vandana
27	प्रमाण गव गवडे दिपड	Vandana
28	प्रमाण गव गवडे गवडे	Vandana
29	प्रमाण गव गवडे गवडे	Vandana
30	प्रमाण गव गवडे गवडे	Vandana
31	प्रमाण गव गवडे गवडे	Vandana
32	प्रमाण गव गवडे गवडे	Vandana
33	प्रमाण गव गवडे गवडे	Vandana
34	प्रमाण गव गवडे गवडे	Vandana
35	प्रमाण गव गवडे गवडे	Vandana
36	प्रमाण गव गवडे गवडे	Vandana
37	प्रमाण गव गवडे गवडे	Vandana
38	प्रमाण गव गवडे गवडे	Vandana
39	प्रमाण गव गवडे गवडे	Vandana
40	प्रमाण गव गवडे गवडे	Vandana

IQAC Coordinator



Principal
Smt. Sushiladevi Deshmukh
Senior College, LATUR



MANJARA CHARITABLE TRUST'S
SMT.SUSHILADEVI DESHMUKH SENIOR COLLEGE,
LATUR
DEPARTMENT OF SOCIOLOGY

2019-2020

Programme Brochure

Expert Talk on

Life Skills : Addiction and Youth of Today

Date : 16/09/2019



Faculty : Dr. Vedprakash Malwade

Prof. Anita Gaikwad

Resource Person

Prof. Savita Yadav

Dept. of Commerce

Smt. Sushiladevi Deshmukh Junior College, Latur



मांजरा चॅरिटेबल ट्रस्ट संचलित
श्रीमती सुशीलादेवी देशमुख वरिष्ठ महाविद्यालय, लातूर
समाजशास्त्र विभाग

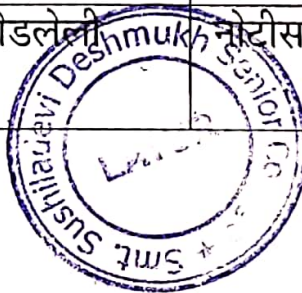
शैक्षणिक वर्ष 2019-2020

सत्र : I

कार्यक्रमाचा अहवाल

1. कार्यक्रमाचे नांव	<u>व्यवसायिक आणि व्यावसायिक</u>
2. विभागाचे नांव : समाजशास्त्र	
3. कार्यक्रम समन्वयकाचे नांव	डॉ. वेदमोक्ष महापात्रे प्र. अमिता गायकवाड
4. कार्यक्रमाचा दिनांक	26/09/2019.
5. ठिकाण	हॉल नं. : 19.
6. लक्ष गट	पदवी विद्यार्थी
7. सहभागी विद्यार्थी संख्या	66
8. साधन व्यक्तीचे नांव	प्र. सविता पादव.
9. कार्यक्रमाचा एकूण खर्च	निरंक
10. आर्थिक स्रोत	लागू नाही
11. कार्यक्रमासाठी जोडलेली कागदपत्रे	नोटीस, पत्र, उपस्थिती, अहवाल व फोटो

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सुचना

दिनांक : 10/09/2019.

श्रीमती सुशीलादेवी देशमुख वरिष्ठ महाविद्यालयातील समाजशास्त्र विषयाच्या बी.ए. प्रथम, द्वितीय व तृतीय वर्षातील सर्व विद्यार्थ्यांना सुचित करण्यात येते की, दिनांक 16/09/2019 रोजी 12:30 वाजता समाजशास्त्र विभागाच्या वतीने मा.प्रा.हो. प्रा. शरिता यादव यांचे व्यसनाभिगता आगी आषाढ शुद्ध या विषयावर व्याख्यान आयोजित केले आहे तरी समाजशास्त्राच्या सर्व विद्यार्थ्यांनी हॉल नं: 19 मध्ये उपस्थित रहावे.


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प्रधान्या
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Senior College, LATUR

युनिवर्सिटी कॉलेज कोड : ३०७
जूनियर कॉलेज कोड : जे-६२.०१.०११

University College Code : 307
Junior College Code : J 62.01.011

कायम संलग्नीत : स्वामी रामानंद तीर्थ मराठवाडा विद्यापीठ, नांदेड
मांजरा चॅरिटेबल ट्रस्ट द्वारा संचालित,

Affiliated to Swami Ramanand Teerth Marathwada University, Nanded.
Manjara Charitable Trust's, Latur

श्रीमती सुशीलादेवी देशमुख महाविद्यालय, लातूर
(कनिष्ठ/वरिष्ठ)



SMT. SUSHILADEVI DESHMUKH COLLEGE, LATUR
(Senior / Junior)

खाडगांव रोड, लातूर (महाराष्ट्र) - ४१३५३१

Khadgaon Road, Latur (Maharashtra) - 413531

फोन नं. ०२३८२-२२१५२४

Phone : 02382-221524

मो. ९४२३३४५८२७, ८६९८९४००००

Mob. : 9423345827, 8698140000

ई-मेल : sds.college@yahoo.in

Email : sds.college@yahoo.in

President : Hon. Dillipraoji Deshmukh (B.A. M.Meter)

Principal : Ajay Patil (M.A. Ph.D.)

जा.क्र. श्री सुदेवमला/2019-2018/07

दि. 10/09/2019.

:: निमंत्रण - पत्र ::

प्रति,

सा. सविता यादव
श्रीमती सुशीलादेवी देशमुख
कायम मार

विषय :- अतिथी व्याख्यानासाठी निमंत्रण पत्र.

महोदय,

आपणांस विनंती की, आमच्या महाविद्यालयात समाजशास्त्र विभागातील
विद्यार्थ्यांना आपले बहुमोल मार्गदर्शन मिळावे म्हणून दि. 16/09/2019.
रोजी सविता यादव व सविता यादव या विषयावर
मार्गदर्शन करण्यासाठी प्रमुख अतिथी म्हणून आपण सादर निमंत्रित आहात.

आपल्या सहकार्याची अपेक्षा.

PRINCIPAL
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Senior College, LATUR

स्वापीठ कॉलेज कोड : 307
जूनियर कॉलेज कोड : जे-६२ ०१.०११

University College Code : 307
Junior College Code : J 62 01.011

कायम संलग्नीत : स्वामी रामानंद तीर्थ मराठवाडा विद्यापीठ, नांदेड
मांजरा चॅरिटेबल ट्रस्ट द्वारा संबलित,

Affiliated to Swami Ramanand Teerth Marathwada University, Nanded.
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श्रीमती सुशीलादेवी देशमुख महाविद्यालय, लातूर
(कनिष्ठ/वरिष्ठ)



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(Senior / Junior)

खाडगांव रोड, लातूर (महाराष्ट्र)-४१३५३१

Khadgaon Road, Latur (Maharashtra) - 413531

फोन नं. ०२३८२-२२९५२४

Phone : 02382 221524

मो. ९४२३३४५८२७, ८६९८९४००००

Mob : 9423345827, 8698140000

ई-मेल : sds.college@yahoo.in

Email : sds.college@yahoo.in

President : Hon. Dillipraoji Deshmukh (Ex. Minister)

Principal : Ajay Patil (M.A. Ph.D.)

जा.क्र. श्री सुदेवमला/20 17 2018/6/08

दि. 16/09/2019

:: आभार - पत्र ::

प्रति,

सा.सविता यादव
श्रीमती सुशीलादेवी देशमुख
कनिष्ठ महाविद्यालय

विषय :- आभार पत्र.

महोदय,

आपण आमच्या महाविद्यालयात दि. 16/09/2019 रोजी

प्रमुख अतिथी म्हणुन उपस्थित राहुन, अनमोल असे मार्गदर्शन केलात. त्याबद्दल
समाजशास्त्र विभागातर्फे आपले मनःपूर्वक आभार !

PRINCIPAL

Smt.Sushiladevi Deshmukh
Senior College, LATUR



मांजरा चॅरिटेबल ट्रस्ट संचलित
श्रीमती सुशीलादेवी देशमुख वरिष्ठ महाविद्यालय, लातूर

समाजशास्त्र विभाग
शैक्षणिक वर्ष: 2019-2020 सत्र :- I

दि.: 16/01/2019

कार्यक्रमाचा अहवाल

1. कार्यक्रमाचे शिर्षक : अतिथी व्याख्यान/गट चर्चा
2. प्रस्तावना : आधुनिक भारताचा समाज विवेकानंद दिवस म्हणजे व्ययनाशिकेचे समाज वादन आहे. या व्ययनाशिकेचे समाज वादन म्हणजे समाजाची सर्वोच्च माहिती प्राप्त करून देणे, शाळा, कॉलेज, मंडळांना सुलभता देणे आहे.
3. कार्यक्रमाचे उद्दिष्ट्ये : व्ययनाशिकेच्या परिणामाची जाणीव करणे देणे. व्ययनाशिकेची जाणीव मुलांना देणे सांगणे. व्ययनाशिकेची प्रवृत्ती परावृत्त करणे.
4. सहभागी विद्यार्थ्यांची माहिती : प्रस्तुत कार्यक्रमात महाविद्यालयीन सर्व स्तरावरील प्रथम, द्वितीय व तृतीय वर्गातील विद्यार्थी सहभागी झालेले आहेत.
5. कार्यक्रमाचा सारांश : एकदिवसीय युवकांना म्हणजे मुलांना मुलांना व्ययनाशिकेचे किती जेष्ठ परिणाम व त्यासाठी आवश्यक उपाय याची जाणीव देणे.
6. निष्कर्ष व अभिप्राय : सहभागी झालेल्या व्ययनाशिकेच्या मुलांना या कार्यक्रमातून शुभ शिक्षण झाले व जाणीव प्राप्त झाले. व्ययनाशिकेची जाणीव देणे म्हणजे समाजाची जाणीव देणे आहे.
7. सहभागी विद्यार्थ्यांची यादी : शेखर पोडली आहे



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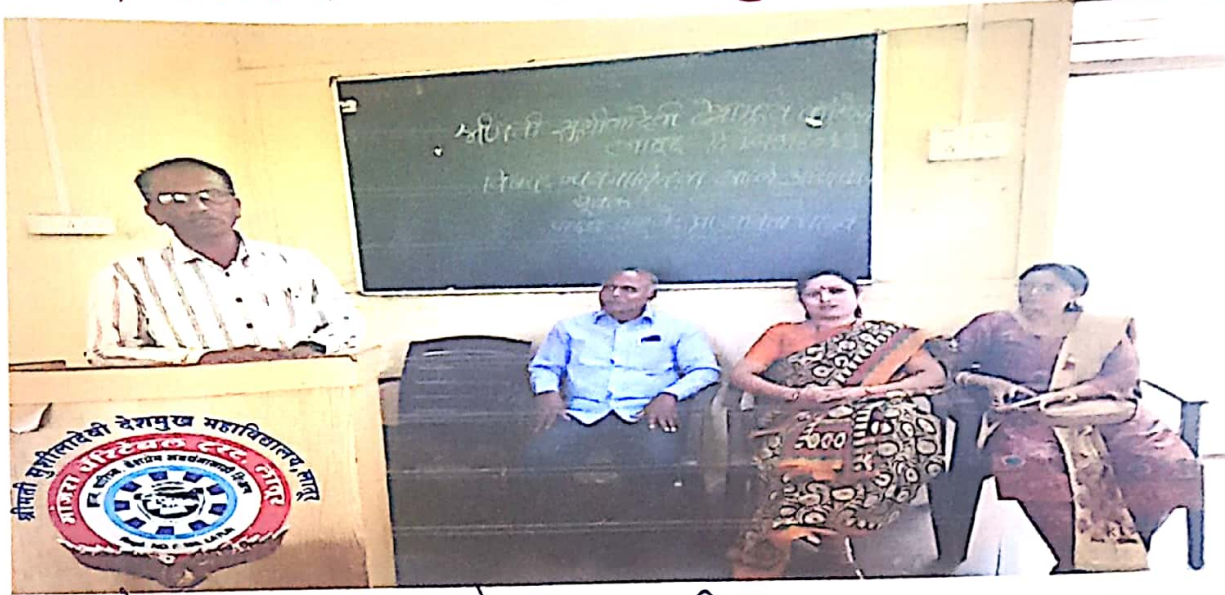


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समाजशास्त्र विभाग

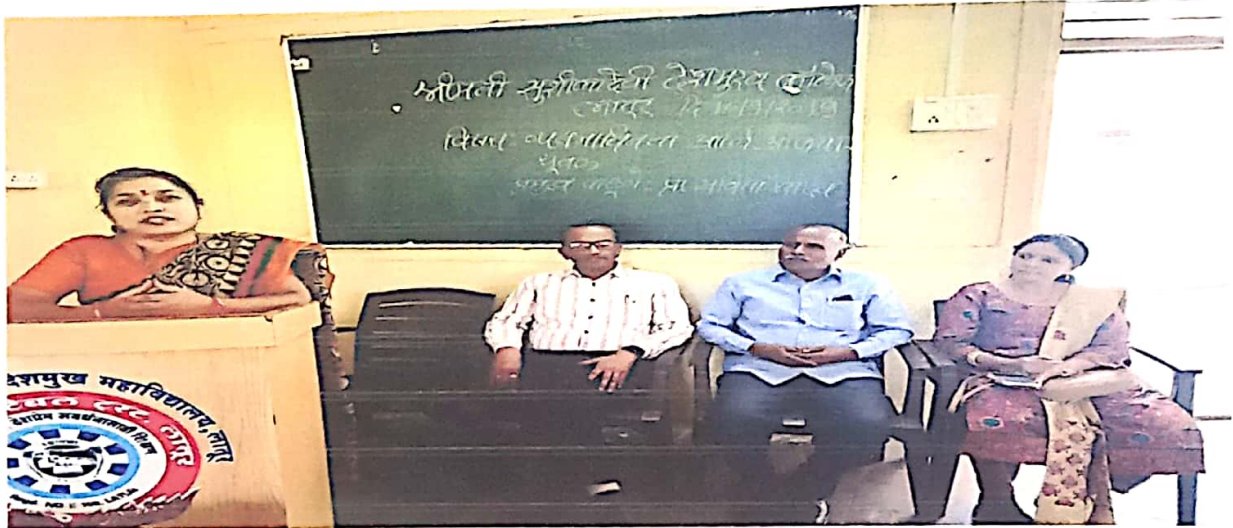
शैक्षणिक वर्ष 2019-2020

दिनांक: 16.09.2019

उपसनाधिनता आणि शाळाचा सुवर्ण



प्री. वेदप्रकाश मलवडे, प्रस्तावित करण असतांना



प्री. सविता यादव उपसनाधिनता व शाळाचा सुवर्ण
यावर भाष्य करतांना

PRINCIPAL

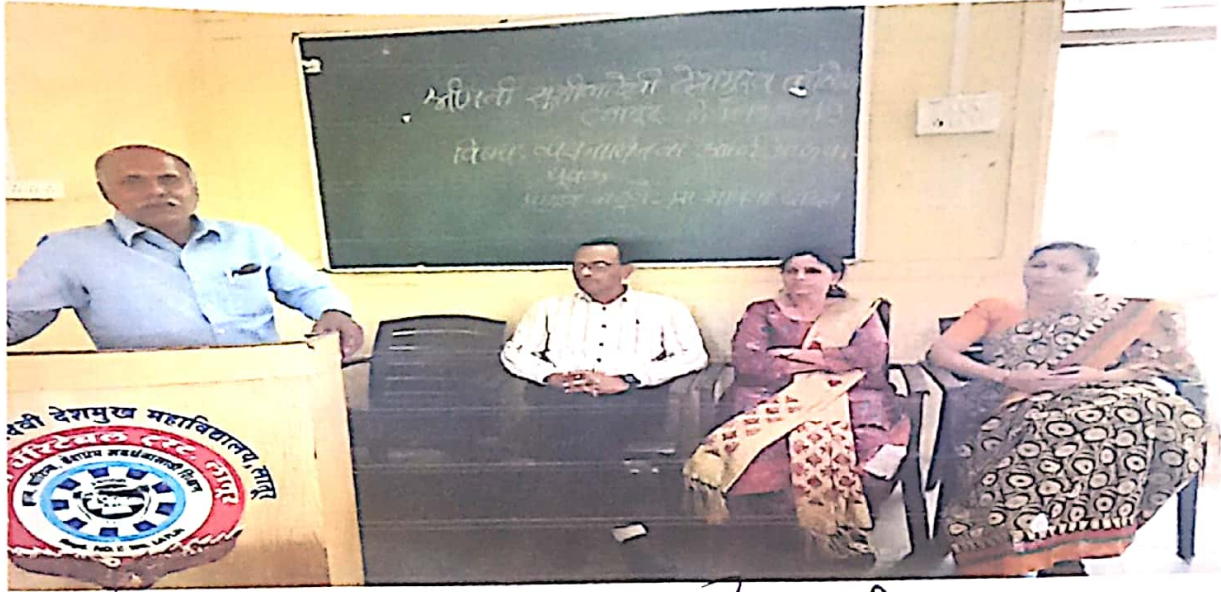
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शैक्षणिक वर्ष 2019-2020

दिनांक : 16.09.2019



डा. रमेश माधुसोनी, डॉ. की. ए. आंबेडकर कॉलेज, लातूर यांच्या उपस्थितीत



प्रि. अमिता गावडे यांच्या उपस्थितीत

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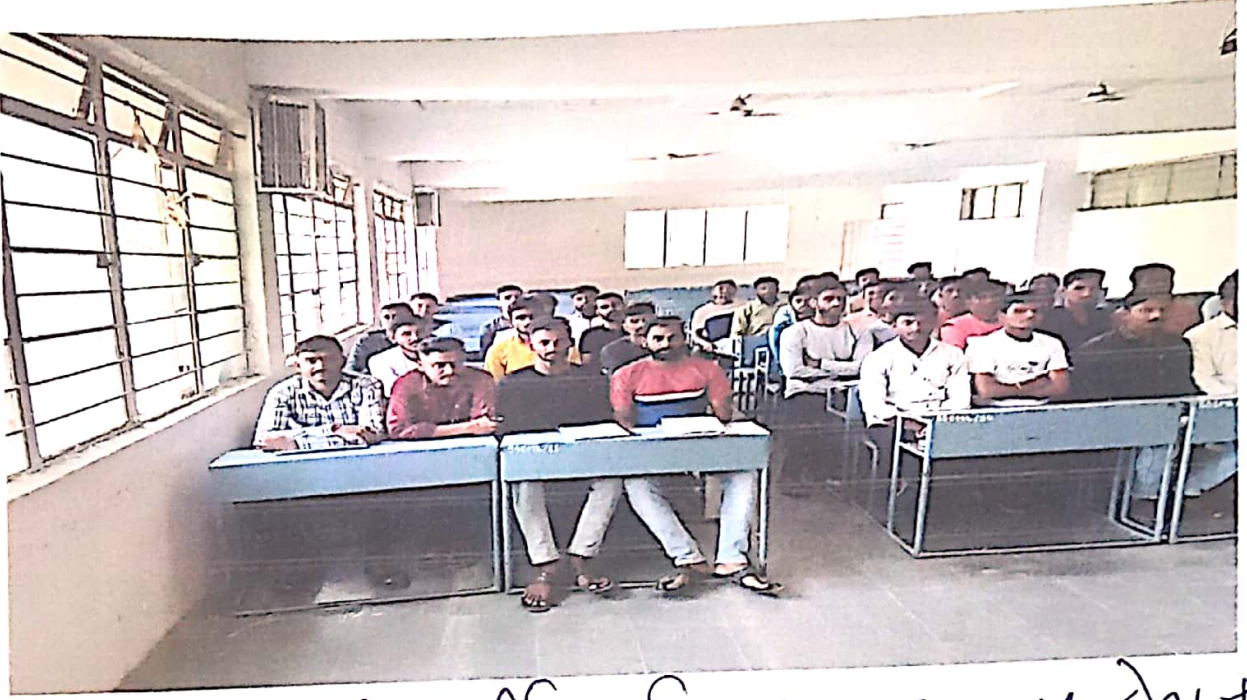




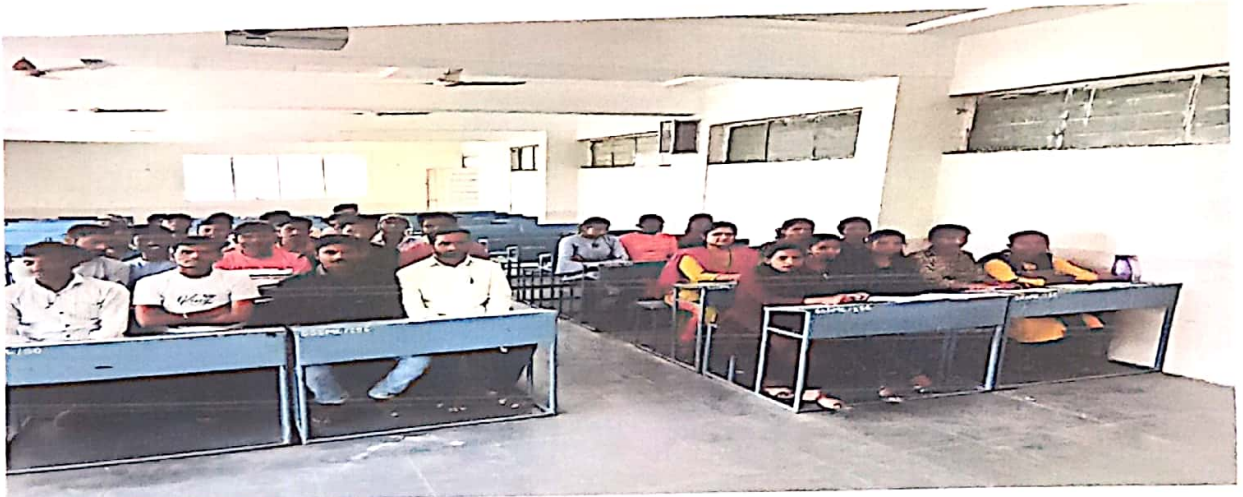
चॅरिटेबल ट्रस्ट संचलित
श्रीमती सुशीलादेवी देशमुख वरिष्ठ महाविद्यालय, लातूर
समाजशास्त्र विभाग

शैक्षणिक वर्ष 2019-2020

दिनांक :16.09.2019



उपस्थित विद्यार्थी कार्यक्रमात सहभागी झालेले।




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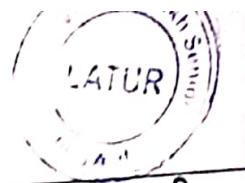
मांजरा चॅरेटेबल ट्रस्ट संचलित
श्रीमती सुशीलादेवी देशमुख वरिष्ठ महाविद्यालय, लातूर
समाजशास्त्र विभाग

शैक्षणिक वर्ष २०१९-२०२० सत्र : I

दिनांक : 16/9/2019

अ.क्र	विद्यार्थ्याचे नांव	वर्ग	स्वाक्षरी
1	Bhogil Santosh Babu	F.Y.	Bhogil.
2	देड रघु रघु	F.Y.	रघु
3	गवळी गणेश सुधाकर.	F.Y.	गवळी
4	कडक रघुनाथ नाथराव	S.Y.	कडक
5	डोंगरे विशाल विमल	F.Y.	Ushma
6	Holkar Geyind Satish	T.Y.	Holkar.
7	गवळी रघुनाथ यशराव	F.Y.	Raghunath.
8	Kamble Ajitaji Hanumanant.	F.Y.	Kamble
9	राम रघुनाथ रघुनाथ.	F.Y.	Raghunath
10	Rathod Rajabhai Ashok	T.Y.	Rathod.
11	Holkar Amol Raghunath	S.Y.	Amol
12	Raghunath Raghunath Raghunath	S.Y.	Raghunath
13	दावकर अशोक रविंद्र	F.Y.	दावकर
14	Jadhav Rahul Prabhakar.	S.Y.	Rahul
15	पाटील युजिन महालिंग	S.Y.	पाटील
16	पगार करण रमेश	S.Y.	
17	Sayyed Rahim Lalpasha	F.Y.	Sayyed
18			
19			
20			


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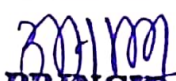
अ.क्र	विद्यार्थ्याचे नांव	वर्ग	स्वाक्षरी
21	Jagtap Kanan Lahur.	T.Y.	Kanan
22	Putte Nirguna Tanaji	F.Y.	Putte
23	Kolgaure U.M.	T.Y.	Kolgaure
24	सिंगार अनिल तुकाराम	S.Y.	सिंगार
25	सुंदर सुभा रोपे.	T.Y.	Sundar
26	(Swami P. S)	T.Y.	Swami
27	Shekh Foshuri Abdulari	F.Y.	Shekh
28	Taboli Alim Chandrabha	F.Y.	Alim
29	मंडले रश्मि लक्ष्मण	F.Y.	Mandale
30	सोळुगे वसुधा वाळामोडे	S.Y.	Solunke
31	राजेश कोल्हापुरी मिहिरा	T.Y.	Rajesh
32	सुभास शिंदे प्रमोद.	T.Y.	Subhas
33	शेख अरबाज अलिखोर	F.Y.	Shekh
34	Shekh Farakh Riyasameeya	T.Y.	Shekh
35	शिंदे गणेश लक्ष्मण.	T.Y.	Shinde
36	शिंदे सुभा लक्ष्मण	T.Y.	Shinde
37	Waghmare Suyog Sudheer	F.Y.	Waghmare
38	रश्मि रोपे लक्ष्मण	T.Y.	Rashmi
39	जाधव राहुल प्रमोद	T.Y.	Jadhav
40	मोरे सुभा लक्ष्मण	F.Y.	More
41	वाघारे अमरजी विजय	F.Y.	Vagare
42	रावसे राम बाळामोडे	F.Y.	Ravase
43	रा. मोरे सुभा. न.	F.Y.	Ramare
44	Telange Yogesh Dnyanoba	S.Y.	Telange

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अ.क्र	विद्यार्थ्याचे नांव	वर्ग	स्वाक्षरी
45	Ovhai Badhabushan Mahadw.	F.Y	वडा
46			
47	गोरे गोपाल बाणपत	S.Y	गोरे
48	Lawte Nitish Gempat	F.Y.	Lawte
49	ड. नगर दिपाली फारो	F.Y.	Ngan
50	रमाळ मनीष महमण	F.Y	रमाळ
51	Kamhke Saurabh Rajkumar	T.Y	Kamhke
52	पुलीम वैजनाथ धनंजय	S.Y	पुलीम
53	मिरगाळे अश्विनराव महारा	F.Y.	अश्विन
54	सोनगान नाथ गोपाळराय	F.Y.	नाथ
55	Sankamle Altam Arvind.	F.Y	Sankamle
56	मोले प्रमोद गोकुळ	F.Y.	Pravish
57	Wadkar Sangita Rangrao	T.Y	Wadkar
58	Kasbe manges Dadarao	F.Y.	manges
59	वावमार कुंडलिक अशरुबा	S.Y	uraghar
60	सगर सरोज नाथनाथ		Sagar
61	Shaik Amir Nizam	F.Y	Amir
62	सोनगाने डान अरवि'स	F.Y.	Altam
63	Suryamshi Asha Maruti	F.Y	Suryamshi
64	सुर्यामशी मनिषा माहाराष्ट्र	F.Y.	मनिषा
65	सुर्यामशी विजयकुमार	F.Y	Wadkar
66	शेख अमिर निजाम	T.Y	shekhar


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LATUR**

DEPARTMENT OF SOCIOLOGY

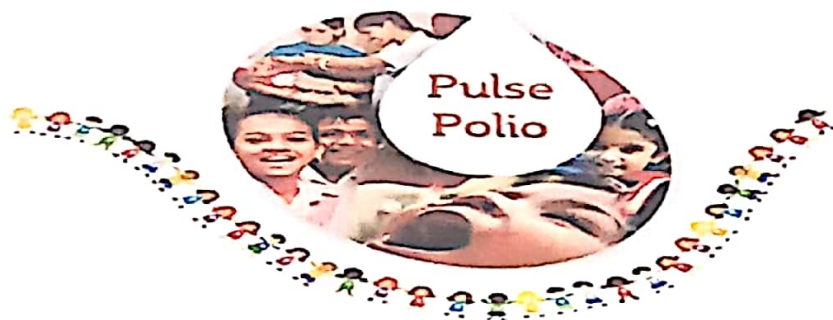
2019-2020

Programme Brochure

Health Awareness Camp on

HEALTH, YOGA & LIFE SKILLS : PULSE POLIO AWARENESS

Date : 23/02/2020



Faculty : Dr. Vedprakash Malwade

Resource Person

Dr. P. D. Shitole

Asso. Prof. Dept. of English

Smt. Sushiladevi Deshmukh Mahila College, Latur



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शैक्षणिक वर्ष - 2019-2020

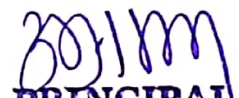
सत्र : II

कार्यक्रमाचा अहवाल

1. कार्यक्रमाचे नांव	पाठ्य प्रोग्रामचे पाठ्यप्राप्ती
2. विभागाचे नांव : समाजशास्त्र	
3. कार्यक्रम समन्वयकाचे नांव	डॉ. वेदप्रकाश महापात्रे
4. कार्यक्रमाचा दिनांक	23/02/2020
5. ठिकाण	हॉल नं. : —
6. लक्ष गट	पदवी विद्यार्थी
7. सहभागी विद्यार्थी संख्या	19.
8. साधन व्यक्तीचे नांव	डॉ. पांडुरंग शिंदे
9. कार्यक्रमाचा एकूण खर्च	निरंक
10. आर्थिक स्रोत	लागू नाही
11. कार्यक्रमासाठी जोडलेली कागदपत्रे	नोटीस, पत्र, उपस्थिती, अहवाल व फोटो




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शैक्षणिक वर्ष २०१९-२०२०

उपक्रमाचे नांव : पाठ्य योजनाची जाणजागृती दिनांक : २३/१/२०



[Signature]
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समाजशास्त्र विभाग

शैक्षणिक वर्ष 2019-2020

सत्र : II

दिनांक : 23/02/2020

अ.क्र	विद्यार्थ्याचे नांव	वर्ग	स्वाक्षरी
1	Bansode Ashwin Mahadev	F.Y.	<u>Bansode</u>
2	दीपक अमन पंढरीनाथ	F.Y.	<u>Shankar</u>
3	इगोर दिवाकरा सामनाथ	F.Y.	<u>Janjane</u>
4	bidave ganesh dipak	S.Y.	<u>Ganesh</u>
5	गामकाड अंकीता भुवराज	S.Y.	<u>Ankita</u>
6	डावरे मणिका किकाण	T.Y.	<u>Manika</u>
7	नावाडगे वेंशाळी सुर्यकांत	S.Y.	<u>Nawadga</u>
8	गामकाड भूषमभी राजू	S.Y.	<u>Bhusham</u>
9	कांबळे सागरराज हनुमंत	F.Y.	<u>Kamble</u>
10	Tachhav Laxmi Rajpal	F.Y.	<u>Tachhav</u>
11	साधव गांगिद कोटीवा	F.Y.	<u>Gangid</u>
12	Solunke Ashwini Balasaheb	T.Y.	<u>Solunke</u>
13	श्रीकांत देवराज भुवराज	F.Y.	<u>Shrikant</u>
14	कांबळे योगेश शांताराम	S.Y.	<u>Yogesh</u>
15	Kale Vikas Vilas.	F.Y.	<u>Kale</u>
16	दायकाड अमिन वाळाजी	F.Y.	<u>Amib</u>
17	कांबळे सतिशराज हनुमंत	F.Y.	<u>Kamble</u>
18	Panchav Ashwani Anant	F.Y.	<u>Ashwani</u>
19	कांबळे सत्य नारायण	F.Y.	<u>Kamble</u>
20			

IQAC Co-ordinator
Smt. Sushiladevi Deshmukh
Principal
Senior College, Latour

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LATUR
DEPARTMENT OF PHYSICAL EDUCATION

2022-2023

Programme Brochure

Expert Talk on

**Health, Yoga & Physical Fitness: Celebration of
International Yoga Day at Smt. Sushiladevi Senior College,
Latur**

Date : 21/06/2022



Faculty : Dr. P. N. Deshmukh

Yoga Trainer

Dr. B. P. Yadav

Saraswati Vidyalaya, Pangaon

Tq. Renapur, Dist. Latur



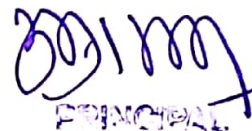
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DEPARTMENT OF PHYSICAL EDUCATION

(2022-2023)

Sem - I

A) A Summary of the Activity:

1. Title of Programme:	Celebration of International Yoga Day at Smt. Sushiladevi Deshmukh Senior College, Latur
2. Name of Organizing Department/Unit:	Department of Physical Education
3. Name of the Coordinator(s)/Convener(s)/ Organizer(s) of the Programme:	Dr. Deshmukh P. N.
4. Date(s) of the Programme:	21 st June, 2022
5. Venue:	Indoor Stadium
6. Target Group:	Students, Teachers and Non-teaching
7. Number of Participants:	91
8. Total Expenditure for the Programme:	Nil
9. Source of Funding:	Not applicable



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Notice

Date: 17/06/2022

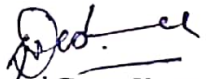
All students, teaching and non-teaching faculty are hereby informed that Department of Physical Education has organized a Celebration of International Yoga Day at Smt. Sushiladevi Deshmukh Senior College, Latur on 21st June, 2022. Your active presence will make this program successful.

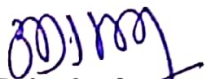
Event : Celebration of International Yoga Day at Smt. Sushiladevi Deshmukh Senior College,
Latur

Date: 21st June, 2022

Time: 5.40 am onwards

Venue: Indoor Stadium


Event Coordinator


Principal
Smt. Sushiladevi Deshmukh
Senior College, LATUR

विद्यार्थी कॉलेज कोड : ३०७
कनिष्ठ कॉलेज कोड : जे-६२ ०१ ०११

प्रायम संतप्रणीत : स्वामी रामानंद तीर्थ मराठवाडा विद्यापीठ, मांढेड
माजरा चरिटेबल ट्रस्ट द्वारा संचालित,

श्रीमती सुशीलादेवी देशमुख महाविद्यालय, लातूर
(कनिष्ठ/वरिष्ठ)

खाडगांव रोड, लातूर (महाराष्ट्र) - ४१३५३१

फोन नं ०२३८२-२२१५२४

मो. ९४२३३४५८२७, ८६९८९४००००

ई-मेल : sds.college@yahoo.in



University College Code : 307
Junior College Code : J 62.01.011

Affiliated to Swami Ramand Teerth Marathwada University, Mandad.
Marjara Charitable Trust's, Latur

SMT. SUSHILADEVI DESHMUKH COLLEGE, LATUR
(Senior / Junior)

Khadgaon Road, Latur (Maharashtra) - 413531

Phone : 02382-221524

Mob. : 9423345827, 8698140000

Email : sds.college@yahoo.in

President : Hon. Dillipraoji Deshmukh (Ex. Minister)

Principal : Ajay Patil (M.A. Ph.D.)

Ref: No. SSDSCL/2022-23/

Date: 19/06/2022

To,

Mr. B. P. Yadav,

Yoga Trainer & Asst. Teacher

Saraswati Vidyalaya, Pangaon.

Tq. Renapur Dist. Latur.

Subject: Invitation as a yoga trainer on International Yoga Day.

Respected Sir,

With reference to the above cited subject, Department of Physical Education, is organizing an event of Yoga in our college on the occasion of International Yoga Day on 21st June, 2022 at 5.40 am. Our Department wishes to invite you as the yoga trainer in our college. So please accept the invitation. Your presence for the program will make us happy.

I hope you will accept the invitation for the same.

Thank you.


Principal

Smt. Sushiladevi Deshmukh
Senior College, LATUR



विद्यापीठ कोलेज कोड : 307
कनिष्ठ कोलेज कोड : जे-६२.०१.०११

प्राथमिक शाळा : स्वामी रामानंद तीर्थ मराठवाडा विद्यापीठ, मांदेड
भाजरा गौरीदेवत ट्रस्ट द्वारा संचालित,

श्रीमती सुरीलादेवी देशमुख महाविद्यालय, लातूर
(कनिष्ठ/वरिष्ठ)

खाडगांव रोड, लातूर (महाराष्ट्र) - ४१३५३१

फोन नं ०२३८२-२२१५२४

मो. ९४२३३४५८२७, ८६९८५४००००

ई-मेल : sds.college@yahoo.in

University College Code : 307
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President : Hon. Dillipraoji Deshmukh (Ex. Minister)

Principal : Ajay Patil (M.A. Ph.D.)

Ref: No. SSDSCL/2022-23/

Date: 21/06/2022

Letter of Appreciation

Mr. B. P. Yadav,

Yoga Trainer & Asst. Teacher

Saraswati Vidyalaya, Pangaon.

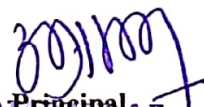
Tq. Renapur Dist. Latur.

Subject- Letter of appreciation

Dear Sir,

It was our pleasure to invite you as the Yoga Trainer on the occasion of International Yoga Day on 21st June, 2022 at 5.40 am. by Dept. of Physical Education. We are very much thankful for your yoga training. Your presence for the program made the event more beneficial to our students, teachers and non-teaching staff.

Thanking You.


Principal

Smt. Sushiladevi Deshmukh
Senior College, LATUR

B) Report



I. Title: Celebration of International Yoga Day at Smt. Sushiladevi Deshmukh Senior College, Latur

II. Introduction: Smt. Sushiladevi Deshmukh Senior College, Latur, commemorated International Yoga Day with great enthusiasm and fervor. The college's commitment to promoting holistic well-being and fostering a culture of physical and mental wellness was exemplified through various activities organized on this occasion.

III. Objectives:

- To celebrate the significance of yoga in promoting physical, mental, and emotional well-being.
- To raise awareness about the benefits of yoga practice among students, faculty, and staff.
- To provide opportunities for participants to engage in yoga sessions and experience its transformative effects firsthand.

IV. Details of Participants: This event was attended by 91 participants, comprising students, faculty members, and professionals from various fields.

V. Brief Summary:

The International Yoga Day celebration at Smt. Sushiladevi Deshmukh Senior College commenced with an inaugural ceremony, emphasizing yoga's significance in maintaining holistic well-being. Experienced instructors led participants through yoga sessions, guiding them in various asanas, pranayama, and meditation techniques. Interactive workshops and demonstrations showcased yoga's benefits, including stress management and improved mental focus, fostering discussions on integrating yoga into daily routines for long-term health.

VI. Conclusion: The celebration of International Yoga Day at Smt. Sushiladevi Deshmukh Senior College, Latur, was a resounding success, underscoring the college's commitment to promoting holistic wellness among its community members. Through engaging activities and informative sessions, participants gained a deeper appreciation for the transformative power of yoga in nurturing physical fitness, mental clarity, and emotional balance.

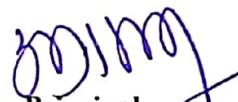
VII. Appendix: Participants' list with signatures and photographs.

Date: 21st June, 2022


Event Coordinator

Department of Physical Education


IQAC Co-ordinator
Smt. Sushiladevi Deshmukh
Senior College, Latur


Principal
Smt. Sushiladevi Deshmukh
Senior College, Latur



Manjara Charitable Trust's
Smt. Sushiladevi Deshmukh Senior College, Latur
Life Skills, Yoga, Physical Fitness, Hygiene
Capacity Building and Skill Enhancement Initiatives
2022-2023

At Smt. Sushiladevi Deshmukh Senior College, Latur, our curriculum encompasses a holistic approach to personal development, focusing on essential life skills, yoga, physical fitness, and hygiene. Through a comprehensive blend of theoretical knowledge and practical application, we empower our students to cultivate not only academic excellence but also a well-rounded lifestyle conducive to their overall well-being.

Life Skills:

Our institution recognizes the significance of equipping students with the necessary life skills to thrive in various facets of life. From effective communication and critical thinking to time management and problem-solving, we provide comprehensive training to nurture these competencies, preparing our students to navigate the complexities of the modern world with confidence and resilience.

Yoga:

Embracing the ancient wisdom of yoga, we integrate this discipline into our curriculum to promote physical, mental, and emotional harmony among our students. Through regular yoga sessions, they learn to cultivate mindfulness, improve flexibility, and manage stress, fostering a balanced and serene state of being essential for overall wellness.

Physical Fitness:

Understanding the importance of maintaining a healthy body, we emphasize physical fitness as an integral part of our educational approach. Our state-of-the-art facilities and expert guidance enable students to engage in a variety of physical activities and sports, fostering endurance, strength, and agility while instilling habits of regular exercise and healthy living.

Hygiene:

At Smt. Sushiladevi Deshmukh Senior College, Latur, we prioritize the importance of personal hygiene and sanitation for overall well-being. Through educational programs and

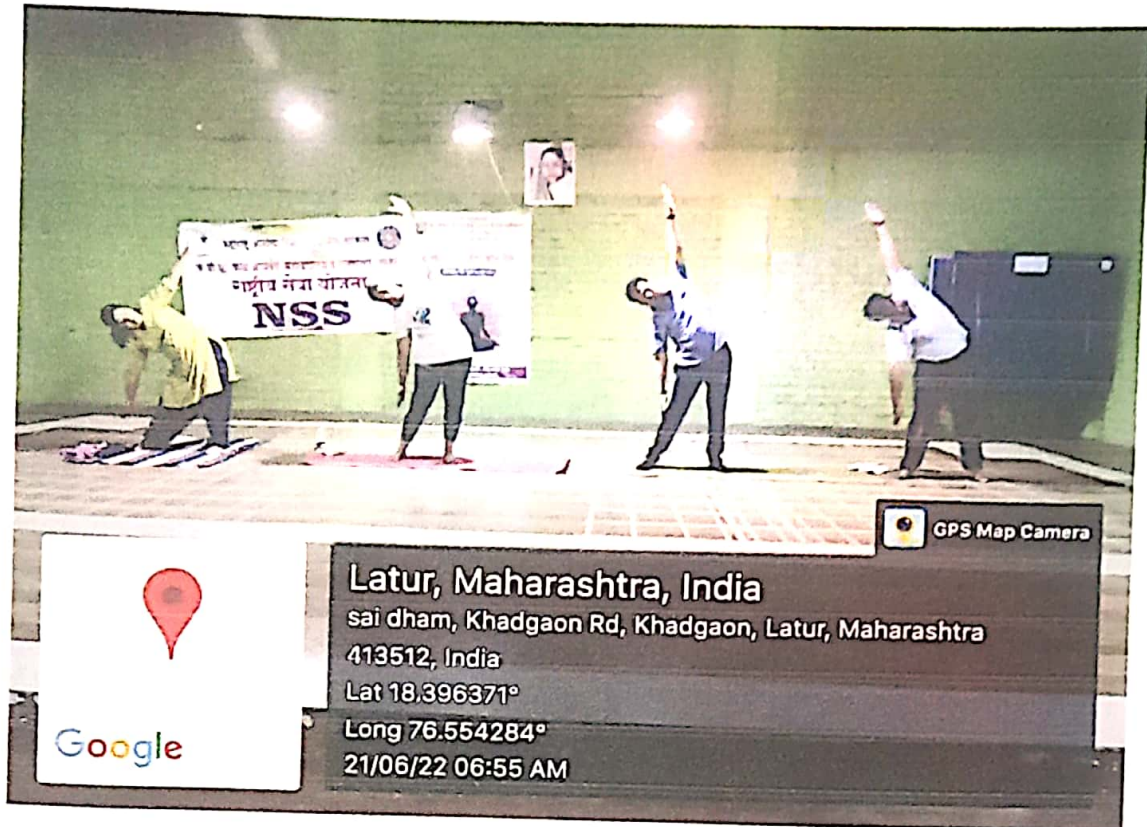
cleanliness, both individually and within their surroundings, promoting health and preventing the spread of illness.

In essence, Smt. Sushiladevi Deshmukh Senior College, Latur, is dedicated to nurturing not just the intellect but the complete well-being of our students, empowering them to lead fulfilling and balanced lives beyond the classroom.



21 June 2022

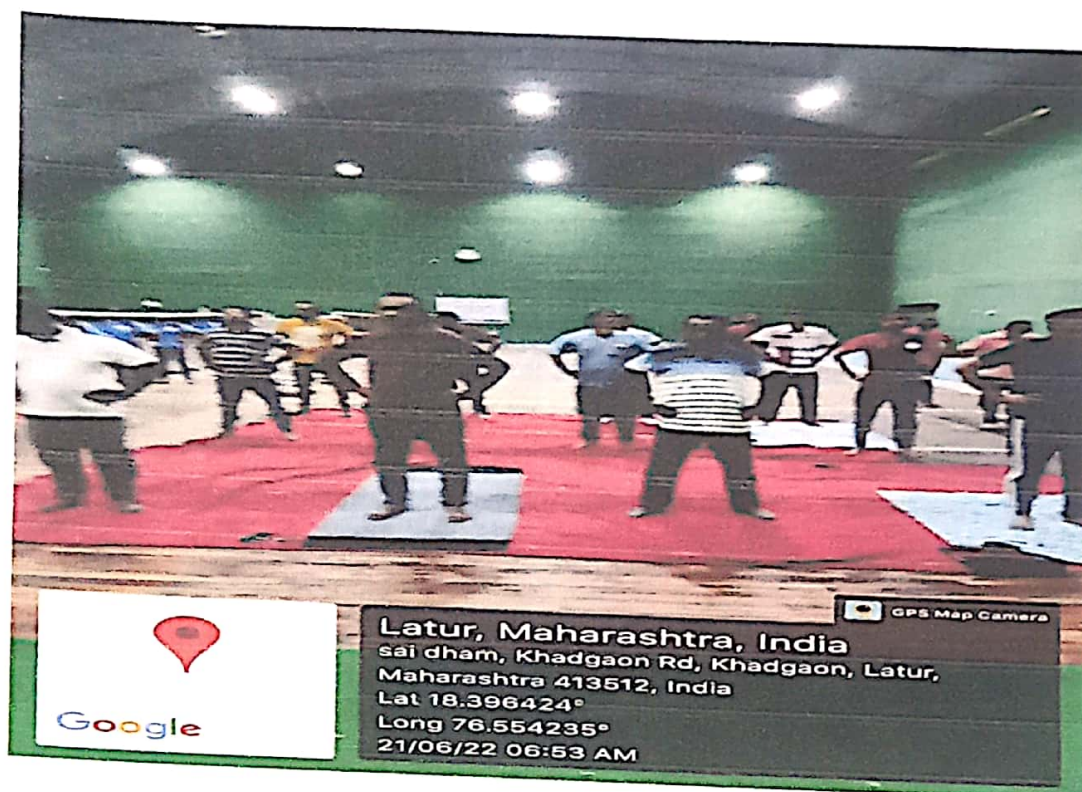
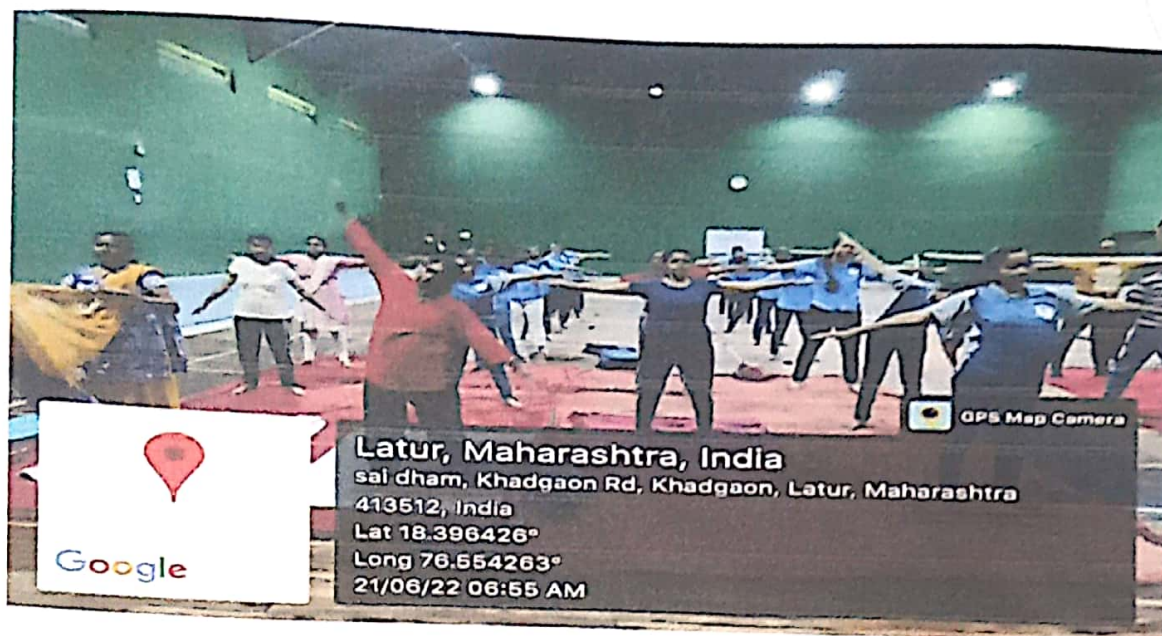
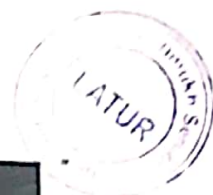
International Yoga day



Yoga Trainer, B. P Yadhav with Principal Dr. Ajay Patil, , Dr. Asha Munde, and Dr. Shital Chavan

[Handwritten signature]
Smt. Chaitali D. Chaudhari
Principal, Latur





Participants Performing Asanas

[Handwritten signature]
Sai Dham, Khadgaon Rd,
Khadgaon, Latur, Maharashtra
413512, India



MANJARA CHARITABLE TRUST'S
SMT. SUSHILADEVI DESHMUKH SENIOR COLLEGE, LATUR

2022 - 2023

**Celebration of International Yoga Day at Smt. Sushiladevi
Deshmukh Senior College, Latur**

Attendance list

Date: 21/06/2022

Sr. No.	Name of the student	Class	Signature
1	आनापुते वेठणी कामराज	F.Y.	[Signature]
2	अरुण कामराज सुवेस	3Y	[Signature]
3	अरुण कामराज सुवेस	3Y.	[Signature]
4	अरुण कामराज सुवेस	II	[Signature]
5	अरुण कामराज सुवेस	12	[Signature]
6	अरुण कामराज सुवेस	12	[Signature]
7	अरुण कामराज सुवेस	5Y	[Signature]
8	अरुण कामराज सुवेस	5Y	[Signature]
9	अरुण कामराज सुवेस	II	[Signature]
10	अरुण कामराज सुवेस	II	[Signature]
11	अरुण कामराज सुवेस	B.A III	B. A. III
12	अरुण कामराज सुवेस	F.Y.	[Signature]
13	अरुण कामराज सुवेस	II	[Signature]
14	अरुण कामराज सुवेस	II	[Signature]
15	अरुण कामराज सुवेस	B.A III	[Signature]
16	अरुण कामराज सुवेस	5Y	[Signature]
17	अरुण कामराज सुवेस	F.Y.	[Signature]
18	अरुण कामराज सुवेस	B.A III	[Signature]
19	अरुण कामराज सुवेस	B.A.T.Y	Anujal
20	अरुण कामराज सुवेस	II	Balaji D.
21	अरुण कामराज सुवेस	F.Y	[Signature]
22	अरुण कामराज सुवेस	5Y	[Signature]



23	Chhake Ashak B	Ty	Ashak B
24	212112 अशिकेन 40	Ty BH	Ani karl.
25	Horduke JS.	Ty	Jayram
26	34113 4021 अशिकेन 40		34113
27	एनके दोरी नीरंगनाथ	fy.	Hajank
28	6132 21070517	424	6132
29	सोय द नईन सलीम	Ty BA	सोय द
30	रविश्वरामजी 2800	Ty	रविश्वरामजी
31	6132 14121	424	6132
32	दोरी नीरंगनाथ	fy.	Hajank
33	रविश्वरामजी 2800	424	रविश्वरामजी
34	सोय द नईन सलीम	Ty BA	सोय द
35	इशक कनिष्क आनंद	Ty	Abhishek
36	हजारे 1000	fy	Susan
37	रिंगमीर दोरी नीरंगनाथ	fy	Hingmire
38	सोय द नईन सलीम	Ty	Amal C.
39	हजारे 1000	424	हजारे
40	Seri Ganga Chander	Ty BH	Seri
41	Jachha Amgali C	Ty	Amgali
42	सोय द नईन सलीम	Ty BH	Amari
43	Sushant Decker	fy	Decker
44	पार्थव जाल्मजी	fy.	Parthiv
45	हजारे 1000	fy	Chun
46	दोरी नीरंगनाथ	BATy	Hishachi
47	जाधव हाकिम डार	Ty	Ashish
48	दोरी नीरंगनाथ	BATy	Shikal
49	रविश्वरामजी 2800	fy	Lomire
50	3102 10124	fy	Decker
51	3102 10124	fy	Decker
52	जाधव हाकिम डार	Ty	Koushik



57	दाबगार योनी. टी. टी. BA	TY BA	Yoni
58	Jachan Santosh	TY	Jachan
59	Kake Ruty	fy	Kake
60	लिंगार रूप	fy	Rup
61	जिपु शिखा गुमरिन		Jachan
62	हरन रूप	fy	mask
63	Jachan Shakti	TY	Shakti
64	शिव गुमरिन	fy	Shakti
65	शिव गुमरिन	fy	Shakti
66	Jachan Vikita	fy	Vikita
67	गुमरिन गुमरिन	fy	mask
68	काल गुमरिन	TY	Kal
69	Kake Ruty	fy	Kake
70	शिव गुमरिन	fy	Ridy
71	Jachan Ruty	fy	Ridy
72	शिव गुमरिन	fy	Ridy
73	काल गुमरिन	fy	Ridy
74	काल गुमरिन	fy	Ridy
75	काल गुमरिन	fy	Ridy
76	Kamale Arvind	TY	Arvind
77	Kamale Ruty	fy	Ridy
78	शिव गुमरिन	fy	Ridy
79	काल गुमरिन	fy	Ridy
80	शिव गुमरिन	fy	Ridy
81	More Ruchikesh S.	TY	More Ruchikesh S.
82	शिव गुमरिन	TY BA	Sandip
83	Kamale Sumedh	TY	Sumedh
84	Kamale Ruty	fy	Ridy
85	शिव गुमरिन	fy	Ridy
86	काल गुमरिन	fy	Ridy
87	शिव गुमरिन	fy	Ridy
88	Kamale Subhan	fy	Subhan
89	शिव गुमरिन	fy	Ridy
90	काल गुमरिन	TY	Ridy



SMT. SUSHILADEVI DESHMUKH SENIOR COLLEGE, LATUR

Department of Political Science

2022-2023

A) A Summary Report of the Activity

1) Title of Programme:	Guest Lecture on 'Importance of voting'
2) Name of Organizing Department/Unit:	Political Science
3) Name of the Coordinator(s)/ Convener(s)/ Organizer(s) of the Programme:	1) Mr. Shivaji Mohale 2) Mr. Shankar Chavan
4) Date(s) of the Programme:	25 January 2023
5) Venue/Mode	Hall No. 21
6) Target Group:	UG Students
7) Number of Participants:	42
8) Name(s) and details of Resource Person(s), if any:	Prof.Dadasaheb Londhe
9) Total Expenditure for the Programme:	Free
10) Source of Funding:	Not Applicable

Chavan S C.

Mohale S B.

[Signature]
PRINCIPAL
Smt.Sushiladevi Deshmukh
Senior College, LATUR

[Signature]
IQAC Co-ordinator
Smt. Sushiladevi Deshmukh
Senior College, Latur



MANJARA CHARITABLE TRUST'S
SMT. SUSHILADEVI DESHMUKH SENIOR COLLEGE, LATUR

Department of Political Science

2022-2023

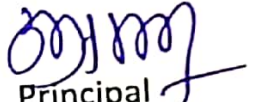


Notice

23/01/2023

It is informed to all the students of the college that the Department of Political Science is organizing a Guest Lecture on 'Importance of voting' on 25 January 2023 at 2.00 pm in hall no.21. So all students are informed to attend this program.

for
Chokale S.B.


Principal
PRINCIPAL
Smt. Sushiladevi Deshmukh
Senior College, LATUR

Activity Report



i. Title of Guest Lecture: Importance of voting

ii Introduction

A guest lecture was organized by the Department of Political Science for the students of UG.

iii Objectives of the programme

- 1) To inculcate the value of democracy in the students.
- 2) Creating awareness among students about voting empowering.

iv. Participant Details:

Students of BA UG program and 3 teaching and 1 non-teaching staff attended the event.

v. Brief Summary of Guest Lecture:

On behalf of the Department of Political Science, a guest lecture on 'Importance of Voting' has been organized on 25 January at 2.00 PM at Auditorium No.21. The program was conducted to explain the importance of voting to the students. UG students actively participated in the program.

vi. Conclusion with feedback on the program:

The guest lecture was well received by UG students. Students responded positively to this activity. He suggested that such programs should be organized in every session due to good response to this program.

Head of Department of Political Science

Mr. Shivaji Mohale 

Mr. Shankar Chavan 


IQAC Co-ordinator
Smt. Sushiladevi Deshmukh
Senior College, Latur





6. प्रसन्नानां च महत्त्वं वा विद्यमानं मार्गदर्शनं कर्तव्यं प्रादायैव त्र्यंशं
 पुण्यं नगरी वा विद्याभ्यास-विद्याभ्यासि.

जगात देशाचा सन्मान वाढविण्याची ताकद मतदारांच्या हाती : प्रा. लोंढे

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Latur Edition
Jan 31, 2023 Page No. 5
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मलदान विषयक जनजागृती करताना प्रा. दादासाहेब जांढे,
प्राचार्य डॉ. अनास पाटील व उपस्थित शिक्षक, शिक्षकेतर
कर्मचारी विद्यार्थी - विद्यार्थीनी

inhalte S.B.



विदेशी कॉलेज कोड : 300 कॉलेज कोड : 30-42.01.011 कर्मचारी : स्वामी रामचंद्र शिर्ष मराठवाडा विद्यापीठ, लातूर संचालक : डॉ. एस. एस. देशमुख श्रीमती सुशीलादेवी देशमुख महाविद्यालय, लातूर (कनिष्ठ/परिष्ठ) छात्रावास रोड, लातूर (महाराष्ट्र) - ४१३५३१ फोन नं. ०२३८२-२२९५२४ मो. ९४२३३४८२७, ८६९८९४०००० ई-मेल : sds.college@yahoo.in	 University College Code : 307 Junior College Code : J-42.01.011 Affiliated to Savitri Ramchand Yashwantrao Chavan University, Mumbai Marjara Charitable Trust's, Latur SMT. SUSHILADEVI DESHMUKH COLLEGE, LATUR (Senior / Junior) Khadgaon Road, Latur (Maharashtra) - 413531 Phone : 02382-221524 Mob. : 9423345827, 8698140000 Email : sds.college@yahoo.in
President : Hon. Dilipraoji Deshmukh (Ex. Minister)	Principal : Ajay Patil (M.A. Ph.D.)

Ref: No. SSDSCL/2022-2023/NAAC/07

Date: 23/01/2023

To,

Prof.Dadasaheb Londhe
Latur

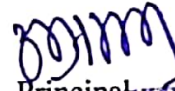
Subject: Invitation as a guest lecturer on 'Women's Empowerment'.

Respected Sir,

With reference to the above cited subject, Department of Political Science is organizing Guest Lecture on 25 January 2023 at 2.00 pm. Our Department wishes to invite you as the guest lecturer for the program. So please accept the invitation. Your presence for the program will make us happy.

I hope you will accept the invitation for the same.

Thank you.


 Principal
PRINCIPAL
 Smt.Sushiladevi Deshmukh
 Senior College, LATUR





विद्यार्थी कॉलेज कोड : 303 जूनियर कॉलेज कोड : 302.01.011	University College Code : 303 Junior College Code : 302.01.011
संलग्न संकेत : स्वामी रामानंद तीर्थ मराठवाडा विद्यापीठ, नांदेड मांजरा चरित्रालय ट्रस्ट लातूर	Affiliated to Swami Ramanand Teerth Marathwada University, Nanded Manjara Charitable Trust's Latur
श्रीमती सुशीलादेवी देशमुख महाविद्यालय, लातूर (कनिष्ठ/जूनियर)	SMT. SUSHILADEVI DESHMUKH COLLEGE, LATUR (Senior / Junior)
खाडगांव रोड, लातूर (महाराष्ट्र) - ४१३५३१ फोन नं. ०२३८२-२२९५२४ मो. ९४२३३४५८२७, ८६९८९४०००० ई-मेल : sds.college@yahoo.in	Khedgaon Road, Latur (Maharashtra) - 413531 Phone : 02382-221524 Mob. : 9423345827, 8698140000 Email : sds.college@yahoo.in
President : Hon. Dilipraoji Deshmukh (Ex. Minister)	Principal : Ajay Patil (M.A. Ph.D.)

Ref: No. SSDSCL/2022-2023/NAAC/108

Date: 25/01/2023

Letter of Appreciation

To,

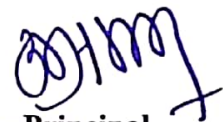
Prof.Dadasaheb Londhe
Latur

Subject- Letter of appreciation

Dear Sir,

It was our pleasure to invite you as the Guest Lecturer on ' Importance of voting' which was organized by Dept. of Political Science on 25 January 2023 at 2.00 PM. We are very much thankful for your valuable guidance. Your presence for the program made the event more beneficial to our students.

Thanking You.


Principal
PRINCIPAL
Smt.Sushiladevi Deshmukh
Senior College, LATUR



Attendance report 2022-2023

Sr.No.	Name of the student	Signature
1	जयदेव भागवत	जयदेव
2	ड. हजारे शैलेश	हजारे
3	कु. भागवत कारभारी	भागवत
4	अश्विन राज	अश्विन
5	कमल कुमारी	कुमारी
6	रविशंकर भागवत	भागवत
7	सुनील कुलकर्णी	कुलकर्णी
8	अ. र. लोखंडे	लोखंडे
9	आनंदराव भागवत	भागवत
10	कु. अश्विन कुलकर्णी	कुलकर्णी
11	अ. र. भागवत	भागवत
12	कु. रविशंकर भागवत	भागवत
13	अश्विन कुलकर्णी	कुलकर्णी
14	सुनील कुलकर्णी	कुलकर्णी
15	जी. र. सुनील	सुनील
16	आनंदराव भागवत	भागवत
17	आमन भागवत	भागवत
18	कु. कुलकर्णी भागवत	भागवत
19	अश्विन कुलकर्णी	कुलकर्णी
20	आनंदराव भागवत	भागवत
21	अश्विन भागवत	भागवत
22	अश्विन भागवत	भागवत
23	अश्विन सुनील	सुनील
24	अश्विन सुनील	सुनील
25	अश्विन सुनील	सुनील
26	आनंदराव भागवत	भागवत
27	अश्विन सुनील	सुनील
28	अश्विन सुनील	सुनील
29	आनंदराव भागवत	भागवत
30	अश्विन सुनील	सुनील
31	अश्विन सुनील	सुनील
32	अश्विन सुनील	सुनील
33	अश्विन सुनील	सुनील
34	अश्विन सुनील	सुनील
35	अश्विन सुनील	सुनील
36	अश्विन सुनील	सुनील
37	अश्विन सुनील	सुनील
38	अश्विन सुनील	सुनील
39	अश्विन सुनील	सुनील
40	अश्विन सुनील	सुनील
41	अश्विन सुनील	सुनील
42	अश्विन सुनील	सुनील

SW

Mohale S.B.



MANJARA CHARITABLE TRUST'S
SMT.SUSHILADEVI DESHMUKH SENIOR COLLEGE,
LATUR
DEPARTMENT OF SOCIOLOGY

2022-2023
Programme Brochure

Expert Talk on
Health, Yoga & Life Skills : Addiction and Youth of Today
Date : 10/02/2023



Faculty : Dr. Vedprakash Malwade
Prof. Anita Gaikwad

Resource Person
Dr. U. T. Gaikwad
Dept. of Geography

Smt. Sushiladevi Deshmukh Senior College, Latur



मांजरा चॅरिटेबल ट्रस्ट संचलित
श्रीमती सुशीलादेवी देशमुख वरिष्ठ महाविद्यालय, लातूर

समाजशास्त्र विभाग

शैक्षणिक वर्ष - 2022-2023

सत्र : II

कार्यक्रमाचा अहवाल

1. कार्यक्रमाचे नांव	डा. गिरीश ठपाखार - व्यवसायिका आणि उद्योग- युवक.
2. विभागाचे नांव : समाजशास्त्र	
3. कार्यक्रम समन्वयकाचे नांव	डॉ. देवप्रभा शिंदे प्रि. डा. गिरीश ठपाखार.
4. कार्यक्रमाचा दिनांक	10/02/2023
5. ठिकाण	हॉल नं. : 20
6. लक्ष गट	पदवी विद्यार्थी
7. सहभागी विद्यार्थी संख्या	47
8. साधन व्यक्तीचे नांव	डॉ. यु. टी. ठपाखार
9. कार्यक्रमाचा एकूण खर्च	निरंक
10. आर्थिक स्रोत	लागू नाही
11. कार्यक्रमासाठी जोडलेली कागदपत्रे	नोटीस, पत्र, उपस्थिती, अहवाल व फोटो

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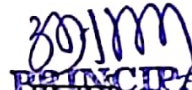
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Senior College, Latur



सुचना

दिनांक : 5/02/2023

श्रीमती सुशीलादेवी देशमुख वरिष्ठ महाविद्यालयातील समाजशास्त्र विषयाच्या बी.ए. प्रथम, द्वितीय व तृतीय वर्षातील सर्व विद्यार्थ्यांना सुचित करण्यात येते की, दिनांक ---10/02/2023 रोजी---10/02/2023 वाजता समाजशास्त्र विभागाच्या वतीने मा.प्रा.डॉ. ---य. डी. वाजगाविस. यांचे---य. डी. वाजगाविस. व्याख्यान आयोजित केले आहे तरी समाजशास्त्राच्या सर्व विद्यार्थ्यांनी हॉल नं:---20 मध्ये उपस्थित रहावे.


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प्रincipal
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सीपीउ कॉलेज कोड : ३०७
जूनियर कॉलेज कोड : जे-६२.०१.०११

कायम संलागीत : स्वामी रामानंद तीर्थ मराठवाडा विद्यापीठ, नांदेड
गांजरा चरिटेबल ट्रस्ट द्वारा संचलित,

श्रीमती सुशीलादेवी देशमुख महाविद्यालय, लातूर
(कनिष्ठ/वरिष्ठ)

खाडगांव रोड, लातूर (महाराष्ट्र) - ४१३५३१

फोन नं. ०२३८२-२२९५२४

मो. ९४२३३४५८२७, ८६९८९४००००

ई-मेल : sds.college@yahoo.in

University College Code : 307
Junior College Code : J 62.01 011

Affiliated to Swami Ramanand Teerth Marathwada University, Nanded.
Manjara Charitable Trust's, Latur

SMT. SUSHILADEVI DESHMUKH COLLEGE, LATUR
(Senior / Junior)

Khadgaon Road, Latur (Maharashtra) - 413531

Phone : 02382-221524

Mob. : 9423345827, 8698140000

Email : sds.college@yahoo.in



President : Hon. Dillpraoji Deshmukh (B.A. M.A. Ph.D.)

Principal : Ajay Paul (M.A. Ph.D.)

जा.क्र. श्री सुदेवमला/2022-23/०१/१५

दि 5/02/2023

:: निमंत्रण - पत्र ::

प्रति,

डॉ. यु. टी. गायकवाड
श्रीमती सुशीलादेवी देशमुख
महिला महाविद्यालय, लातूर

विषय :- अतिथी व्याख्यानासाठी निमंत्रण पत्र.

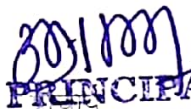
महोदय,

आपणांस विनंती की, आमच्या महाविद्यालयात समाजशास्त्र विभागातील
विद्यार्थ्यांना आपले बहुमोल मार्गदर्शन मिळावे म्हणून दि. 20/02/2023

रोजी ०४४०१११११११ १ ३३३३३३३३३३ या विषयावर

मार्गदर्शन करण्यासाठी प्रमुख अतिथी म्हणून आपण सादर निमंत्रित आहात.

आपल्या सहकार्याची अपेक्षा.


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Senior College, LATUR

विद्यापीठ कॉलेज कोड : ३०७
कनिष्ठ कॉलेज कोड : जे-६२.०१.०११

कायम संलग्नीत : स्वामी रामानंद तीर्थ मराठवाडा विद्यापीठ, नांदेड
मांजरा चॅरिटेबल ट्रस्ट द्वारा संचालित,

श्रीमती सुशीलदेवी देशमुख महाविद्यालय, लातूर
(कनिष्ठ/वरिष्ठ)

खाडगांव रोड, लातूर (महाराष्ट्र) - ४१३५३१

फोन नं. ०२३८२-२२९५२४

मो. ९४२३३४५८२७, ८६९८९४००००

ई-मेल : sds.college@yahoo.in

University College Code : 307
Junior College Code : J-82.01.011

Affiliated to Swami Ramanand Teerth Marathwada University, Nanded.
Manjara Charitable Trust's, Latur

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President : Hon. Dillipraoji Deshmukh (B.A. M.A. Ph.D.)

Principal : Ajay Patil (M.A. Ph.D.)

जा.क्र. श्री सुदेवमला/20 22-23 / नं० 116

दि. 10/02/2023

:: आभार - पत्र ::

प्रति,

डॉ. सु.टी. गायकवास.

विषय :- आभार पत्र.

महोदय,

आपण आमच्या महाविद्यालयात दि. 10/02/2023 रोजी

प्रमुख अतिथी म्हणून उपस्थित राहून, अनमोल असे मागदर्शन केलात. त्याबद्दल
समाजशास्त्र विभागातर्फे आपले मनःपूर्वक आभार !


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Senior College, LATUR





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श्रीमती सुशीलादेवी देशमुख वरिष्ठ महाविद्यालय, लातूर

समाजशास्त्र विभाग

शैक्षणिक वर्ष: २०२२-२०२३

सत्र : II---

दि.: 10/02/2023

कार्यक्रमाचा अहवाल

1. कार्यक्रमाचे शिर्षक : अतिथी व्याख्यान/गट चर्चा
2. प्रस्तावना : आमचीय समाजात मिश्रित समाजिक समस्या आहे. मिश्रित समाजापैकी कित्येक गैर समस्या असली तरी म्हणजे युवकांमधील व्यसनशिगम ही होय. कित्येक शोध व प्रवाविज्ञानांनी विद्यार्थ्यांमध्ये व्यसनचे प्रमाण खुप वाढत आहे.
3. कार्यक्रमाचे उद्दिष्ट्ये : व्यसनशिगम या स्मारे समस्येची निग्रम परिणामकारकता करणे, संदर्भित यांची जाणीव सुमनात ठेवणे हा मुख्य उद्देश आहे.
4. सहभागी विद्यार्थ्यांची माहिती : प्रस्तुत कार्यक्रमासाठी कोलेजमधील समाजशास्त्र विभागाचे सर्व वर्गातील विद्यार्थी सहभागी झाले.
5. कार्यक्रमाचा सारांश : समस्येची आमचीय समाजात मिश्रित समाजा जातून आहे. परिणु आपली जाही समस्या करून आहे. त्यांची जाणीव करेऊन सुमनात ठेवा.
6. निष्कर्ष व अभिप्राय : कोलेजमधील विद्यार्थ्यांना व्यसनशिगम या समस्येची प्रखर जाणीव द्यावी. या समस्येची निग्रम पण करणाना काही सुमनात ठेवून पणदरती करे कार्यक्रम.
7. सहभागी विद्यार्थ्यांची यादी : कोलेज आहे.

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समाजशास्त्र विभाग

शैक्षणिक वर्ष 2022-2023

दिनांक : 10.02.2023

आतिथी व्याख्यान : विषय : व्यसनाश्रितना खाणो आपचा युवक



विषय : व्यसनाश्रितना खाणो आपचा युवक :

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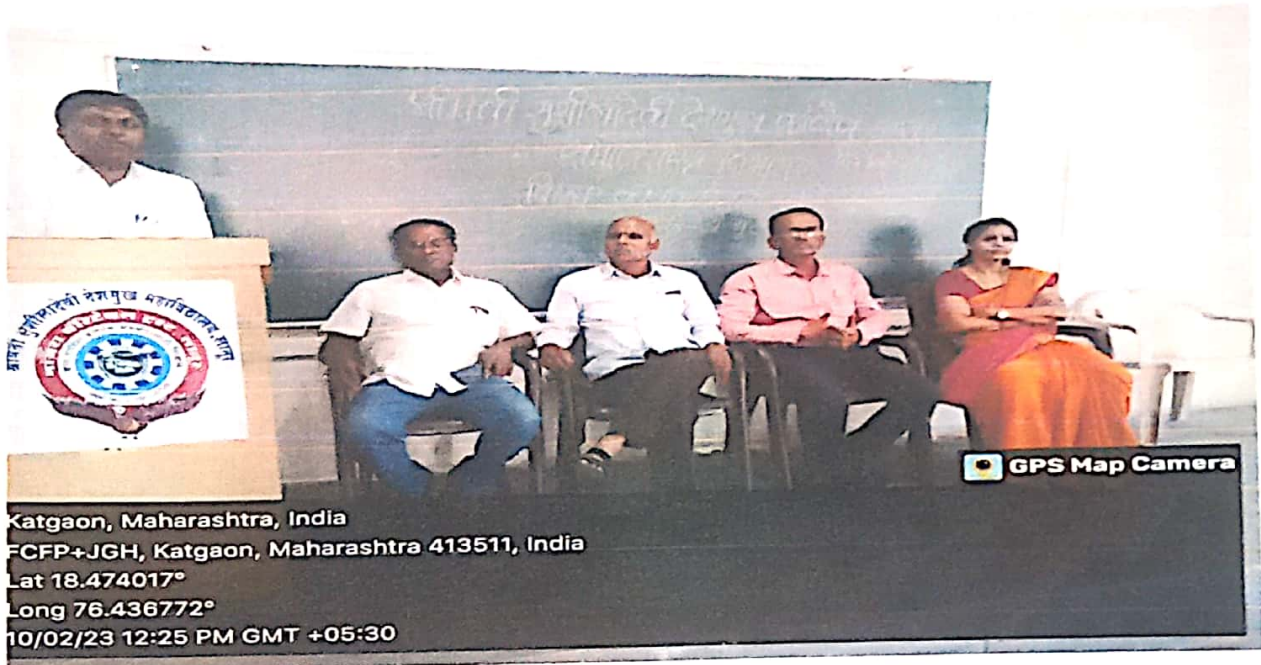


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श्रीमती सुशीलादेवी देशमुख वरिष्ठ महाविद्यालय, लातूर
समाजशास्त्र विभाग

शैक्षणिक वर्ष 2022-2023

दिनांक : 10.02.2023

विषय: व्यवसायिकता आणि आपला युवक



विषय: व्यवसायिकता आणि आपला युवक

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समाजशास्त्र विभाग

शैक्षणिक वर्ष २०२२-२०२३ सत्र : II

दिनांक : 10/02/23

अ.क्र	विद्यार्थ्याचे नांव	वर्ग	स्वाक्षरी
1	ALAPURE VAISHNAVI BHAGWAT	F.Y	Alapure
2	Balle Vaishnavi Sachin	F.Y	Balle
3	सुरेश / रिनश / गोपाळ	T.Y	सुरेश
4	अनय अश्व अमीर	S.Y	अनय
5	Jadhav Anjali Chandrakant	T.Y	Ana
6	Deshmukh Kartik Ramkisan	S.Y	Kartik
7	Balle Vaishnavi Sachin	F.Y	Balle
8	hugare Rushikesh Juvraj	S.Y	Rushikesh
9	Sayyad Mubshir Masoodali	S.Y	Sayyad
10	Mabake Bhagwan Sharad	F.Y	Bhagwan
11	Chouhan Eshika Dhillip Singh	T.Y	Eshika
12	भास्कर अमृता तुकाराम	F.Y	भास्कर
13	Shelat Abitya Sanjay	S.Y	Abitya
14	Sayyad Nayum Salim	T.Y	Nayum
15	अली / आदित्य अजय	S.Y	अली
16	वाघमारे प्रणाळी रुद्रेश्वर	T.Y	प्रणाळी
17	Darkase Vikas Sagar	F.Y	Darkase
18	Shaikh shabnam mustaf	S.Y	Shaikh
19	Barute pavon Anil	T.Y	pavon
20	yeshwant Raj Bhausaheb	F.Y	Raj



अ.क्र	विद्यार्थ्याचे नांव	वर्ग	स्वाक्षरी
21	Madipati Manoj Yogesh	S.Y	Madhipati
22	काळे तन्हाड पुपाजी	F.Y	काळे
23	मळे नीलेश बाळाजी	S.Y	मळे
24	पारस हर्षदा अशोक	S.Y	पारस
25	Shaikh Mo. Yūd Sadik	T.Y	Shaikh
26	Waghmare sangmeshwar Rajkumar	F.Y	Waghmare
27	सुयवंशी अक्षय अंबादास	S.Y	सुयवंशी
28	Ghodke Ashish Baburao	T.Y	Ghodke
29	Gaikwad Pruthvitaraj Bahiram	S.Y	Gaikwad
30	Chauhan Durgappa Yovarra	F.Y	Chauhan
31	Rathod Sadanand Ashok	T.Y	Rathod
32	Rathod Manuti Ramrao	S.Y	Rathod
33	Sen Ganga Chandan	T.Y	Sen
34	काळे विकास विश्वजित	F.Y	काळे
35	Ingle Abhishek Anil	T.Y	Ingle
36	कुंगार महेशकुमार सुवराज	S.Y	कुंगार
37	Shikalkar Shakti Vaib	T.Y	Shikalkar
38	Jadhav Ganesh Rajkumar	F.Y	Jadhav
39	पुजारी महादेव शिवाजी	S.Y	Pujari
40	hondhe Dhitaraj Anantaro	F.Y	Dhitaraj
41	sen Ganga Chandan	T.Y	Sen
42	Kashe Prakash Munja	S.Y	Prakash
43	Khebkar Abhilit Ashok	F.Y	Khebkar
44	Surwase Ritesh Gopal	T.Y	Surwase

IQAC Co-ordinator
Smt. Sushiladevi Deshmukh
Senior College, Latur

PRINCIPAL
Smt. Sushiladevi Deshmukh
Senior College, Latur



MANJARA CHARITABLE TRUST'S
SMT.SUSHILADEVI DESHMUKH SENIOR COLLEGE,
LATUR
ON THE BEHALF OF STAFF ACADEMY

2022-2023

Programme Brochure

Expert Talk on

Life Skills : Stress Management: Strategies for Wellbeing

Date : 03/04/2023



Faculty : Dr. Savita Kirte

Resource Person

Dr. Urmila Bandarge

Director, Aksh, The Student

Development & Councelling Centre, Latur



**MANJARA CHARITABLE TRUST'S
SMT. SUSHILADEVI DESHMUKH SENIOR COLLEGE, LATUR**

STAFF ACADEMY

(2022-2023)

Sem - II

A) A Summary of the Activity:

1. Title of Programme:	Stress Management: Strategies for Well-being
2. Name of Organizing Department/Unit:	Staff Academy
3. Name of the Coordinator(s)/Convener(s)/ Organizer(s) of the Programme:	Dr. Savita Kirte
4. Date(s) of the Programme:	3 rd April, 2023
5. Venue:	Hall. No. 06
6. Target Group:	Students, Teachers and Non-teaching
7. Number of Participants:	63
8. Total Expenditure for the Programme:	Nil
9. Source of Funding:	Not applicable


IQAC Co-ordinator
Smt. Sushila Deshmukh
Senior College, Latur


PRINCIPAL
Smt. Sushiladevi Deshmukh
Senior College, LATUR

Notice

Date: 30th March, 2023

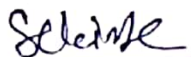
All students, teaching and non-teaching staff are hereby informed that Staff Academy has organized an expert talk on Stress Management: Strategies for Well-being on 3rd April, 2023. Your active presence will make this program successful.

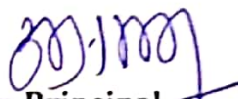
Event: Stress Management: Strategies for Well-being

Date: 3rd April, 2023

Time: 10.30 am

Venue: Hall No. 15


Staff Academy


Principal
Smt.Sushiladevi Deshmukh
Senior College, LATUR

संस्थापित : १९८२
अभिषेक : १९८२

उत्पादन : १९८२
संस्थापित : १९८२

श्रीमती सुशीलादेवी देशमुख महाविद्यालय, लातूर
(कनिष्ठ/महिला)

खाद्यमार्ग रोड, लातूर (महाराष्ट्र) - ४१३५३१

फोन नं. ०२३८२-२२१५२४

मो. ९४२३३४५८२७, ८६९८९४००००

ई-मेल : sds.college@yahoo.in



University College Code : 207
Senior College Code : 182/01/011

Affiliated to Savitri Ranand Fourth Maharashtra University, Mumbai
Marjara Charitable Trust & Latur

SMT. SUSHILADEVI DESHMUKH COLLEGE, LATUR
(Senior / Junior)

Khadgaon Road, Latur (Maharashtra) - 413531

Phone : 02382-221524

Mob. : 9423345827, 8888140000

Email : sds.college@yahoo.in

President : Hon. Dilipraoji Deshmukh (Ex. Minister)

Principal : AJAY PAUL WAGHRE

Ref: No. SSDSCL/2022-23/

Date: 30/03/2023

To,

Dr. Urmila Bhandarge

Director, Aksh,

The Student Development & Counselling Centre,

Tq. & Dist. Latur.

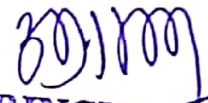
Subject: Invitation to deliver a guest lecture for the students, teachers and
non-teaching staff.

Respected Sir,

With reference to the above cited subject, Staff Academy is organizing guest lecture on 'Stress Management: Strategies for Well-being' which is organized by Staff Academy on 3rd April, 2023. Our Staff Academy wishes to invite you as the guest lecturer for the program. So please accept the invitation. Your presence for the program will make us happy.

I hope you will accept the invitation for the same.

Thank you.


PRINCIPAL
Smt. Sushiladevi Deshmukh
Senior College, LATUR

विद्यार्थी कॉलेज कोड : 307
कनिष्ठ कॉलेज कोड : जे 62.01.011

प्राथमिक स्तरीयतः स्वामी रामानंद तीर्थ मराठवाडा विद्यापीठ, मांदेड
मान्यता प्राप्त असलेल्या शासनाच्या अधीन,

श्रीमती सुशीलादेवी देशमुख महाविद्यालय, लातूर
(कनिष्ठ/वरिष्ठ)

खाडगांव रोड, लातूर (महाराष्ट्र) - 413531
फोन नं. 02382-221524
मो. 9423345827, 8698140000
ई-मेल : sds.college@yahoo.in



University College Code : 307
Junior College Code : J-62.01.011

Affiliated to Swami Ramanand Teerth Marathwada University, Manded.
Marjara Charitable Trust's, Latur

SMT. SUSHILADEVI DESHMUKH COLLEGE, LATUR
(Senior / Junior)

Khadgaon Road, Latur (Maharashtra) - 413531
Phone : 02382-221524
Mob. : 9423345827, 8698140000
Email : sds.college@yahoo.in

Pres. Exam : Ksh. Shilpa Devi Deshmukh (Ex. Minister)

Principal : Anurag K. Ph.D.

Letter of Appreciation

Dr. Urmila Bhandarge

Director, Aksh,

The Student Development & Counselling Centre,

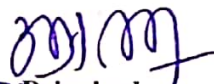
Tq. & Dist. Latur.

Subject- Letter of appreciation

Dear Sir,

It was our pleasure to invite you as the Guest Lecturer on Stress Management: Strategies for Well-being' which was organized by Staff Academy on 3rd April, 2023. We are very much thankful for your valuable guidance. Your presence for the program made the event more beneficial to our students.

Thanking You.


Principal

Smt. Sushiladevi Deshmukh
Senior College, LATUR

B) Report



I. Title: Stress Management: Strategies for Well-being

II. Introduction: Smt. Sushiladevi Deshmukh Senior College, Latur, conducted an event on Stress Management aimed at equipping participants with effective strategies to cope with stress and promote overall well-being. The program addressed the importance of recognizing and managing stress in both personal and academic/professional life.

III. Objectives:

- To raise awareness about the causes and effects of stress.
- To provide participants with practical tools and techniques for managing stress effectively.
- To empower participants to develop resilience and maintain mental and emotional well-being.
- To foster a supportive environment for discussing and addressing stress-related concerns.

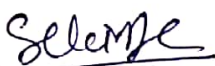
IV. Details of Participants: The event was attended by 63 participants, comprising students, faculty members, and professionals from various fields.

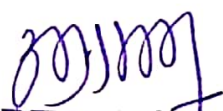
V. Brief Summary: The event on stress management began with an overview of common stress triggers and their effects on physical, mental, and emotional health. Expert facilitators then led sessions on stress management techniques, such as relaxation exercises, mindfulness meditation, time management, and effective communication. Participants learned practical tips to incorporate these techniques into their daily routines for stress reduction and resilience building. Interactive activities and group discussions allowed participants to share experiences and coping mechanisms, fostering insights into effective stress management strategies through guided reflection and peer support.

VI. Conclusion: The event on Stress Management provided participants with valuable insights and practical tools for navigating stress in their lives. By fostering a supportive environment for open discussion and learning, the workshop aimed to empower individuals to take proactive steps towards enhancing their mental and emotional well-being.

VII. Appendix: Participants' list with signatures and photographs.

Date: 3rd April, 2023


Event Coordinator
Staff Academy


Principal
Smt. Sushiladevi Deshmukh
Senior College, Latur



3rd April 2023
Guste Lecture On
Stress Management: Strategies for Wellbeing



Mr Shivaji Mohali while introducing the guest



Urmila Bhandarge while addressing the student

[Signature]
PRINCIPAL
Smt. Gusriladevi Deshmukh
Senior College, Latur



Students Patiently Listening to the Guest


PRINCIPAL
Smt. Sushiladevi Deshmukh
Senior College, Calicut


IQAC Co-ordinator
Smt. Sushiladevi Deshmukh
Senior College

MANJARA CHARITABLE TRUST'S
SMT. SUSHILADEVI DESHMUKH SENIOR COLLEGE, LATUR
STAFF ACADEMY



2022- 2023

Stress Management: Strategies for Well-being

Attendance list

Date:03/04/2023

Sr. No.	Name of the student	Class	Signature
1	2112 192110	1911	2112
2	Kadi Fadi	54	Tecrik-
3	अरुण निरंजना बाळगिरी	57	Niles Bm
4	शिवराज गुणवत्ते बाळगिरी	54	शिवराज
5	अरुण 2112 192110	52	अरुण
6	Shingare Mohini	54	Shingare Mohini
7	विष्णु बाळगिरी	II	विष्णु
8	राधाबाई भावराजबाई	II	राधाबाई
9	haryare A.R.	fy	haryare
10	काळ - 312 312	B.A II	K.R.
11	MASKAN B	II year	maskan
12	विष्णु निरंजना बाळगिरी	II	विष्णु
13	अरुण बाळगिरी	1921	अरुण
14	अश्विनी. र. र.	B.A II	Ashwini
15	अरुण 2112 192110	B.A II	अरुण
16	विष्णु बाळगिरी	II	विष्णु
17	विष्णु बाळगिरी	II	विष्णु
18	Kamble Rajan		Kamble
19	अरुण बाळगिरी	TU	Ramend.
20	विष्णु बाळगिरी	II year	विष्णु
21	विष्णु बाळगिरी	II	विष्णु
22	Kamble Ashu		Kamble
23	Survase Akshay	TU	Survase
24	विष्णु बाळगिरी	II year	विष्णु
25	अरुण बाळगिरी	II	अरुण



60	मिनाक्षी हांडे	अभिषेक	अभिषेक
61	सविता विमल	सविता	सविता
62	Kamble A. G.	T-4	अभिषेक
63	Blumbe Dinesh	fy	अभिषेक
64	Mahale S. B.		अभिषेक
	Dr. Bankar Surekha		अभिषेक
	Dr. Bamsode Kumar		अभिषेक
	डा. सविता विमल - Science		
	Dr. P. S. Dhale		

Dr. Kamble P. A.

Science


PRINCIPAL
Principal
Smt. Sushiladevi Deshmukh
Senior College, LATUR